

## 281 (2023) 70–77 January

# Nature-based solutions enhanced by reactive materials for the protection of urban water bodies

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Received 14 March 2022; Accepted 6 August 2022

#### **ABSTRACT**

Nature-based solutions (NBS) are defined as supported and inspired by nature solutions that are cost-effective and simultaneously provide environmental, social and, economic benefits that help build resilience. In the case of water resources, NBS increases the quantity of water resources but also, on the other hand, contributes to water quality improvement by limiting and inhibiting of eutrophication process. The study aimed to assess the efficiency of opoka rock (carbonate– siliceous rock) for phosphorus (P) removal and pointed out its potential application in NBS for urban water bodies protection. The batch reactor studies were taken for three different initial P–PO<sub>4</sub> concentrations: 0.996, 5.113 and 10.815 mg/L, corresponding to removal after 91 h of 82%, 90%, and 93%. The research investigated also sorption mechanisms by different kinetic models: pseudo-first-order and pseudo-second kinetic order models, Elovich and intraparticle diffusion model. Obtained results were characterized by the highest fit to the pseudo-second kinetic and Elovich models. The implementation aspect of the presented studies is the nomogram for estimating reactive material mass vs. initial  $\text{P-PO}_4$  concentration.

*Keywords:* Kinetic models; Nature-based solutions; Phosphorus; Reactive materials; Water treatment

#### **1. Introduction**

Numerous anthropogenic activities in urbanized areas have impacted on aquatic ecosystems and led to the deterioration of water quality. The impact of urban pollution on water bodies has been well described in the literature [1–8]. Different kinds of pollutants constantly supply urban surface waters. Among the vast array of contaminations occurring in urbanized areas, such as heavy metals, polycystic aromatic hydrocarbons, herbicides, organic compounds, and bacterial indicators [9], there are also nutrients such as nitrogen (N) and phosphorus (P) species causing a harmful effect to aquatic ecosystems. Excessive

nutrient loads, especially P, consequently lead to eutrophication of water bodies. There is no exact value above which waters are exposed to eutrophication. However, European Council Directive 91/271/EEC [10] states that if a P–PO<sub>4</sub> concentration in river water exceeds  $0.1 \text{ mg/L}$ , it is excessively enriched with P. The relationship between P export and urbanization has been previously exanimated [2,3]. The primary sources of P in urban areas are natural (i.e., atmospheric deposition), anthropogenic (i.e., fertilization, animal wastes), or biogenic materials (i.e., lawn clippings and leaves) [3,6,8]. The P concentration in urban areas may range from 0.43 mg/L from medium and high-density single family residential [7] to even 1.27 mg/L

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from single family residential neighborhoods [6]. Also, the P load exported to urban water bodies may differ significantly. Yang and Toor [8] noted that P export from a small urban watershed in Maryland ranged from 24.5 to 83.7 kg/km<sup>2</sup>/y. Toor et al. [6] observed an average P load of 0.44 kg/d from urban runoff in a residential neighborhood.

One of the ways to improve water quality in urban areas is to implement nature-based solutions (NBS). Generally, such solutions are defined as supported and inspired by nature, cost-effective, and simultaneously provide environmental, social and economic benefits that help build resilience [11]. NBS enhances natural features and processes occurring to combat among others climate change, reduce flood risk, improve water quality, protect and stabilize coastal areas, restore and protect wetlands or provide recreation areas [12]. Generally, NBS reduces the levels of such primary pollutants as suspended soils, organic matter, heavy metals and nutrients. Due to the presence of aquatic plants, the most preferred nutrient to reduce is N [13]. P accumulation by plants is relatively low, but it should be remembered that removing such nutrients is not the primary treatment target of NBS [14,15]. For this reason, to remove P simultaneously by different kinds of NBS, such solutions should be enhanced by appropriate reactive material (RM). RMs dedicated to P removal should contain Al, Ca, Ce, Fe, La, Mg, Zn, and Zr in their composition [16]. P harvesting occurs during treatment process such as physiochemical methods, biological treatment processes, ion exchange, electro-coagulation, and sorption, among which P can be removed. However, the most popular approach is sorption because of optimal cost and easy maintenance [17].

The study aimed to (1) assess the efficiency of opoka rock (carbonate–siliceous rock) for phosphorus (P) removal, (2) create the nomogram connecting the mass of reactive material with initial P concentration, and (3) point out potential RM application in NBS for protection of urban water bodies.

Kinetic studies are a popular way of testing the sorption properties of RMs with the function of increasing time. This research introduces a novel method for linking the results obtained from kinetic studies with practical implementation by a nomogram using to define the mass of RM in the case of initial P concentration. Such a solution is proper, especially from a practical point of view, and provides information about the sorption properties of materials. Using nomograms is helpful to support NBS in P removal as a best available practice for preventing P excess in urban water bodies and eutrophication.

#### **2. Materials and methods**

#### *2.1. Reactive material*

Reactive material (RM) used in studies is thermal treated at 900°C carbonate–siliceous rock called opoka. Because of respectively high contamination of Ca (Table 1) this material is potentially phosphorus-reactive. The following standards were used to determine the physical properties of RM: particle size distribution PN EN 933-1:2012 and PN-ISO 11277:2005, bulk density PN EN 1097-3:2000, porosity PN-EN 1936:2010. pH was determined by

VOLCRAFT PH-212 meter. The composition of the materials was analyzed on a Philips X'Pert PW 3020 X-ray diffractometer. The main parameters characterizing the RM are set in Table 1.

#### *2.2. Batch reactor tests*

Three different  $P$ - $P$  $O_4$  concentrations (0.996, 5.113, and 10.815 mgP-PO<sub>4</sub>/L) made of  $KH_2PO_4$  were used for kinetic studies with varying contact times ranged from 5 min to 5,460 min (91 h). The 0.5 g of RM was mixed with 50 mL of artificial P-PO<sub>4</sub> solution at a speed of 96 rpm at a stable temperature of 20°C. The experiment was performed in four replications.

The removal ratio *R* (%) was calculated based on the formula:

$$
R = \frac{C_0 - C_e}{C_0} \times 100
$$
 (1)

where  $C_0$  and  $C_e$  are the initial and equilibrium P–PO<sub>4</sub> concentrations (mg/L).

The sorption capacity  $(mg/g)$  was calculated from the formula:

$$
S = \frac{\left(C_0 - C_e\right) \cdot V}{m} \tag{2}
$$

where *S* is the sorption capacity (mg/g); *V* is the volume of solution (L); *m* is the mass of RM (g), and  $C_0$  and  $C_e$  are the initial and equilibrium  $P$ - $PO_4$  concentrations (mg/L).

The  $P$ – $P$  $O_4$  concentration was analyzed with the ammonium molybdate method in a FIAstar 5000 Analyzer in two ranges of 0.005 to 1 mgP-PO<sub>4</sub>/L and 0.1 to 5 mgP-PO<sub>4</sub>/L depending on the phosphate concentration. Before determination, the samples were filtered by a syringe filter of 0.45 μm pore size.

#### *2.3. Kinetic models*

To better understand the mechanism of adsorption kinetic, four different kinetic models were used: pseudofirst-order and, pseudo-second-order kinetic models, Elovich and intraparticle diffusion model.

The equalizations of the following models are presented below:

Pseudo-first-order kinetic model proposed by Lagergren [19]:

$$
\log(q_e - q_t) = \log(q_e) - \frac{k_1}{2.303}
$$
 (3)

where  $q_t$  (mg/g) represents the amount of P adsorbed at any time  $t$  (min),  $k_1$  (min<sup>-1</sup>) is a constant rate of sorption of the pseudo-first kinetic model and  $q_e$  is the amount adsorbed at equilibrium (mg/g).

Pseudo-second-order kinetic model, also called the Ho model [20]:

$$
\frac{t}{q_t} = \frac{1}{\left(k_2 q_e^2\right)} + \frac{1}{q_e}t\tag{4}
$$

## $Table 1$ Characteristics of tested RM

Thermal treated opoka **SEM** photography



where  $q_t$  (mg/g) represents the amount adsorbed at any time  $t$  (min),  $k_2$  (g/mg·min) is a constant rate of sorption of the pseudo-second kinetic model and  $q_e$  is the amount adsorbed at equilibrium (mg/g).

Elovich model [21]:

$$
q_t = \frac{1}{\beta} \ln(\alpha \beta) + \frac{1}{\beta} \ln(t)
$$
\n(5)

where  $q_t$  (mg/g) represents the amount adsorbed at any time *t* (min). α (mg/g·min) is the initial sorption rate and parameter β (g/mg) is related to the extent of surface coverage and activation energy for chemisorption.

Intraparticle diffusion model [22]:

$$
q_t = k_d t^{\frac{1}{2}} + C \tag{6}
$$

where  $q_t$  (mg/g) represents the amount adsorbed at any time *t* (min),  $k_d$  (mg/g·min<sup>0.5</sup>) is a constant rate of sorption of the intraparticle diffusion model. *C* is a boundary layer thickness. The higher the value, the greater the effect.

All constants were calculated based on slopes and intercepts of the linear formula of each tested kinetic model. The linearized form of equations with plots and formulas to calculate the constants are set in Table 2.

#### *2.4. Practical applications*

The practical implementation of tested material to support and enhanced NBS is presented in Fig. 1.

The first step of the methodology includes the bath reactor kinetic studies with an evaluation of specific kinetic model parameters.

In the second step, the nomogram of RM mass vs. initials P concentrations is created based on the average slope of the straight lines for tested concentrations (~1, 5, and 10 mg/L) in the time necessary to achieve equilibrium (till 900 min).

Finally, the third step presents the potential application of RM focused on the protection and improvement of water bodies conditions in urban areas by enhancing NBS.

#### **3. Results and discussion**

#### *3.1. Sorption capacity*

Adsorption kinetic studies have to be conducted before the practical implementation of RM and thanks to this the behavior and potential sorption capacity can be defined.

The contact time of the material with the solution strongly affected the  $P-PO_4$  concentrations and decreased with prolonged reaction time (Fig. 2a). After the retention time of 91 h, the final  $P$ – $PO_4$  concentration equalled 0.176 mg/L (SD 0.000), 0.493 mg/L (SD 0.047) and 0.698 mg/L (SD 0.002) for 1, 5 and 10 mg/L, respectively. The final concentrations of  $P$ - $PO_4$  obtained after 91 h of contact time have a good correlation  $(R^2 = 0.974)$  with initial concentrations. Such observation was also noted in previous papers [18,23]. Next, the obtained concentrations were recalculated according to the Eq. (2) into removal ratio (*R*) and presented in Fig. 2b. At the end of the experiment, the removal ratio was 82% (SD 0.000), 90% (SD 0.266), and 93% (SD 0.016) for 1, 5, and 10 mg/L, respectively. A faster *R* value was observed in the case of higher initial concentrations. This phenomenon is explained as in lower concentrations, only adsorption occurs. In higher,

 $Table 2$ Parameters of tested kinetic models

Kinetic model		Plots		Slopes	Intercepts
Pseudo-first-order		$\log(q_e - q_t)$ vs t		$k_{t}$ 2.303	$\log(q_e)$
Pseudo-second-order		$\frac{t}{q_t}$ vs $t$		1 $q_e$	$\mathbf{1}$ $\overline{kq_e^2}$
Elovich		$q_t$ vs $\ln(t)$		$\frac{1}{\beta}$	$\frac{1}{\beta} \text{ln}(\pm \beta)$
Intraparticle diffusion		$q_t$ vs $t^{\frac{1}{2}}$		$k_d$	$\cal C$
	1. Batch reactor tests $\bullet$	$\bullet$ 2. Nomogram for mass of RM	3. NBS applications	匪 모드 Improvement of urban water bodies	

Fig. 1. Stepwise procedure for practical application of obtained results.

apart from adsorption, also complexation and precipitation take place [23,24]. Opoka obtained the equilibrium stage faster for higher concentrations (5 and 10 mg/L) than lower (1 mg/L). It is well seen in the case of Fig. 2b with the P–PO<sub>4</sub> removal ratio. For 5 and 10 mg/L, the removal started to slow down and stabilized after 900 min of contact time. In the case of 1 mg/L concentration, the reduction stabilized after 4,260 min of contact time, so it is more than four times longer than for 5 and 10 mg/L. The correlation  $R^2$  between initial P–PO<sub>4</sub> concentrations and obtained removal ratio after 91 h is 0.943.

The obtained concentrations were also recalculated into sorption (S) by Eq. (3) and presented in Fig. 3. The course of the process of P sorption from the solution at a variable time is shown in Fig. 2. The final  $P-PO_4$  sorption obtained in this study equaled  $0.084$  mg/g (SD  $0.000$ ),  $0.464$  mg/g (SD 0.005), and 1.018 mg/g (SD 0.000), for 1, 5, and 10 mg/L, respectively.

Considering Figs. 2 and 3, there are well seen three stages of the removal process. The first stage showed a sharp and rapid reaction that lasted the first 60 min of contact time with RM. During this stage 36%, 36%, and 30% of P were removed from the solution by 1, 5, and 10 mg/L concentration, respectively (Fig. 2), corresponding to sorption equaled 0.037, 0.192 and 0.334 mgP-PO<sub>4</sub>/g, respectively. The high removal rate at the first stage may result from of an increasing number of vacant sites available at the initial adsorption phase. Consequently, increased concentrations of gradients between adsorbate in solution and adsorbate in RM surface [22]. The second stage lasts 900 min and shows gradual adsorption completed with the removal of 94%,

91%, and 91% of P from the solution by 1, 5, and 10 mg/L concentration, respectively (Fig. 2b). The observed sorption equaled  $0.056$   $0.418$  and  $0.980$  mgP-PO<sub>4</sub>/g. In the third, final equilibrium stage, where due to extremely low adsorbate concentrations in the solution, the removal rate slows down and remains constant (Fig. 2b). Up to 91%–94% of the initial concentration of P uptake was found to occur in this stage. During this time, the sorption rate started to slow down and stabilized. The sorption equaled 0.082 (SD 0.000), 0,462 (SD 0.005) and 1.011 (SD 0.000) mgP-PO<sub>4</sub>/g for 1, 5 and 10 mg/L, respectively. Also, the obtained final sorption results are in good agreement  $(R^2)$  with initial P–PO<sub>4</sub> concentrations equaled 0.999.

In a previous study [18], the sorption properties of opoka were tested in an isotherm test. Two different isotherm models, Langmuir and Freundlich, were developed to obtain sorption properties with increasing  $P-PO_4$  concentrations ranging from 1 to 1,000 mg/L and a constant contact time of 24 h. The data were characterized by better fitting to the Langmuir model and maximum adsorption capacity  $(S_{\text{max}})$  equaled 95 mgP-PO<sub>4</sub>/g.

The results of constant parameters with coefficients of determination are set in Table 3. Considering the obtained results, the highest fitting (0.9894–0.9997) was obtained in the case of the pseudo-second-order model for all tested concentrations. A slightly lower fit is seen in the case of the Elovich model (0.9894–0.9997). The degree of fitting in the case of both models increases with the initial P concentration. For others tested kinetic models, the *R*<sup>2</sup> ranged from 0.7247 to 0.9410 and from 0.7627 to 0.9496 for pseudo-first-order and intraparticle diffusion models, respectively.



Fig. 2. Decreasing of the average phosphate concentration (a) and the average removal ratio (b) in time. Whispers indicate standard deviation (SD).



Fig. 3. Average P–PO<sub>4</sub> sorption for opoka. The vertical line indicates the stages (1st, 2nd and 3rd stage). Whispers indicate standard deviation.

The high level of fitting of the obtained data to the pseudo-second-order model agrees with chemisorption. Moreover, the good agreement with the Langmuir isotherm model obtained in the previous study [18] also proclaims this statement [25,26]. Chemisorption occurs when a chemical's functional group interacts with a reactive surface on the RMs through the formation of strong chemical bonds [17]. The pseudo-second-order model is based on the sorption capacity of the solid phase of RM. The rate-limiting step is the surface adsorption that involves chemisorption, where the removal from a solution is due to physicochemical interactions between the two phases [17]. In addition, the exanimated data is also characterized by good fitting to the Elovich model (Table 3), suggesting that chemisorption also controls the adsorption [25]. Chemisorption is a process that involves the transfer of electrons between the adsorbate and adsorbent [26]. However, recognizing the sorption process cannot only be defined by fitting to the pseudo-second-order model [27,28]. The pseudosecond-order process depends on dose amount, pH, temperature, and particle size [29,30]. Moreover, Kajjumba et al. [25] claim that the pseudo-second-order adsorption

Table 3 Results of exanimated kinetic models

Specification	Initial P-PO <sub>4</sub> concentration (mg/L)				
	0.996	5.113	10.815		
Experimental $q_e$ (mg/g)	0.084	0.464	1.018		
Pseudo-first-order model					
$k_{1}$ (min <sup>-1</sup> )	0.000013	0.000017	0.000022		
$q_e$ (mg/g)	0.062	0.240	0.469		
$R^2(-)$	0.9410	0.7730	0.7247		
Pseudo-second-order model					
$k$ , (g/mg·min)	0.0588	0.0239	0.0117		
$q_e$ (mg/g)	0.0819	0.4667	1.0283		
$R^2(-)$	0.9894	0.9995	0.9997		
Elovich model					
$\alpha$	0.0078	0.0388	0.0830		
β	117.65	18.73	7.55		
$R^2$	0.9563	0.9421	0.9337		
Intraparticle diffusion model					
$k_a$ (mg/g·min <sup>0.5</sup> )	0.0007	0.0041	0.0097		
$C \left( \frac{mg}{g} \right)$	0.0308	0.1985	0.3942		
$R^2(-)$	0.9469	0.8101	0.7627		

mechanism is favored at low initial concentrations. On the contrary, at high initial concentration, the pseudo-firstorder model seems to be dominant because at low  $C_0$  the value of  $log(q_e - q_t)$  increases exponentially, increasing the error function that is the reverse for high  $C_{0}$ .

#### *3.2. Implementations guidelines*

The average slopes of the lines leveling the concentrations in the time needed to achieve equilibrium (Fig. 4 left) were used to create a nomogram (Fig. 4 right). A nomogram is a graph of dependencies between variables presented on



Fig. 4. Changing the final phosphate concentrations in equilibrium time (left) and predictive nomogram for the mass of reactive material needed to reduce the initial concentration of 92% for mass to volume ratio of 10 g:1 L.



Fig. 5. Potential applications of RMs reducing P and enhancing NBS for urban water bodies protection.

separate scales (*x*-axis), enabling the search variable's readout using the graphic method (*y*-axis). According to the nomogram, we can predict the mass of RM needed to remove 92% of P concentration ranged from 1 to 10 mg/L with a mass to volume ratio of 10 g:1 L. For example, for an initial concentration of 3 mg/L, 0.85 kg of material is needed to remove the concentration to the final level of 0.24 mg/L. In the case of P removal from the initial level of 7 mg/L, 2.0 kg of RM is needed to reduce the concentration to 0.23 mg/L, etc. Such solution was previously used to estimate the permeable reactive barrier [18], the relationship between constructed wetland area and mass of RM required to achieve outlet concentration of 0.01 mgP/L [31], predicting slag mass in dependence of retention time [32] or predicting oxygen uptake

rate in dependence of  $BOD<sub>5</sub>/TP$  and sludge concentration in a biological reactor [33].

This study discussed using of RMs to control P concentration in bodies of water receiving urban runoff. RM present a wide array of potential applications shown in Fig. 5. It can be applied in swimming ponds or water retention ponds to keep the P concentration at levels that limit algae growth and ensure safe use [34,35]. Green roofs and bus stops have been starting a popular solution to increase the amount of green in the cities, reduce surface runoff and increase the retention of rainfall in urban areas. In this case, RMs can be used as an underlined substrate drainage layer to reduce the P load from substrate and fertilizers used to ensure the growth of plants [36]. Another option

is to enhance rain gardens with RMs to limit P concentrations discharged into the environment [37]. A bio-retention basin is an area densely covered with vegetation where rainwater is collected, which cleans by seeping through subsequent substrate layers [38] that may also be supported by RMs [39]. Using them enhances the natural treatment process and makes it much more effective because temporarily water drying may support the P regeneration of RM, especially based on Ca [34]. RMs may also enhance free water surface constructed wetlands treating river water or stormwater in urbanized areas. Using RMs can minimize the wetland area necessary to remove an excess of P [31].

### **4. Conclusion**

Based on the conducted research, there is well seen an influence of initial  $P$ - $P$  $O<sub>4</sub>$  concentration on obtained final concentration, removal ratio, and sorption after 91 h of contact time. At the end of the experiment, the removal ratio equalled 82%, 90%, and 93% for 1, 5, and 10 mg/L, respectively. These correspond to the unit sorption of 0.082, 0,462 and  $1.011$  mgP-PO<sub>4</sub>/g for 1, 5 and 10 mg/L, respectively.

The obtained data are characterized by the best fitting to the pseudo-second kinetic order  $(R^2 \text{ ranged from } 0.9894)$ to  $0.9997$ ) and the Elovich model ( $R<sup>2</sup>$  ranged from  $0.9337$  to 0.9653), which suggest that chemisorption may be a dominant P–PO $_{\scriptscriptstyle 4}$  removal process.

The practical implementation of obtained data was the nomogram created to predict the final mass of RM depending on the initial  $P$ - $P$  $O<sub>4</sub>$  concentration. Such a solution can increase NBS effectiveness in P harvesting from urban water bodies, which are highly endangered by the eutrophication process.

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