## Synthesis and characterization of iron-doped titania nanoparticles for the removal of DPP-IV inhibitor from the aqueous samples

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#### ABSTRACT

Human excretion contains metabolites, when entering the drinking water stream, can cause a lowering of blood pressure, arterial inflammation, neointima formation, etc. Various types of medicines are consumed by the patient. These medicines, through excretion, enter the ecosystem. Being persistent, these medicines remain in the ecosystem and can cause chronic effects on the fauna and flora of any ecosystem. Many treatment methods, that is, coagulation, advanced oxidation, and adsorption were proposed for these medicines but due to cost and sludge production, the results are not favorable. In this study novel, iron-titania nanoparticles were synthesized for the treatment of sitagliptin which is diabetic II medicine (DPP-IV). Characteristics peaks X-ray diffraction at 27.52°, 33.39°, 35.65°, and 53.26° indicated the crystalline structure while scanning electron microscopy/ energy-dispersive X-ray spectroscopy confirmed the required molar ratio of iron and titania with a size of 100-290 nm. The method validation results for sitagliptin showed 0.69 RSD%, 34 ppm limit of quantification, and 11 ppm limit of detection. Optimization of parameters was performed using Taguchi design of experiment which gave 80% removal efficiency of sitagliptin at 7 pH, 10 min, 200 mg of dose, and 70 ppm concentration. The adsorption isotherms models suggested a multilayer process (Freundlich isotherm), with an adsorption energy of -8.6 kJ/mol (exothermic and spontaneous). Kinetic studies indicated that the adsorption process followed second-order kinetics.

Keywords: Iron; Titania; Nanoparticles; DDP-IV inhibitor; Sitagliptin

#### 1. Introduction

The increasing water demand due to the increased global population leads to scarcity of water on a large scale. Inadequate sanitation, the continuous emergence of waterborne diseases, and the disruption of water quality are the major factors responsible for the deterioration of existing water bodies [1]. Out of many, pharmaceutical chemicals are one of the pollutants which have adverse effects on waste bodies. These compounds are present in the range of ng/L to  $\mu$ g/L in the wastewater stream even though these minor quantities are posing serious impacts on the environment [2,3]. The major components of pharmaceuticals are antibiotics, antihistamines, steroids, anticancer, etc. These pharmaceuticals have a very low bioaccumulation rate of 20%–30% in humans and animals [4]. To maintain a healthy life, medicines are used that are potent for the human body and animals after excretion from the body. Human and animal excretions (in the form of wastewater) are discharged in lakes and rivers in the form of metabolites.

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These metabolites, persistent in nature, are posing chronic effects on both flora and fauna.

Among many, sitagliptin which is a DDP-IV inhibitor was studied using nanoparticles in this research. Sitagliptin is one of the dipeptidyl peptidase-4 inhibitors, also called DPP-4 inhibitors, which are classified as novel oral antihyperglycemic agents and are commonly used to treat type 2 diabetes mellitus [5]. Sitagliptin is well absorbed orally and has a bioavailability of 87%. The suggested dose for sitagliptin may vary from 25 to 100 mg once a day for 30 weeks depending on the condition [6]. An amount of 3.25–13 mg of sitagliptin excreted from the human body has a half-life 12.8 h based on the consumption and excretion rate, the predicted environmental concentration was calculated using Eq. (1) given by the Technical Guidance Document of the European Commission on Risk Assessment [7]. The obtained value was  $1.974 \times 10^{-5}$  mg/L.

$$\operatorname{PEC}_{\left(\frac{S}{L}\right)} = \frac{A \times \left(\frac{1-R}{100}\right)}{365 \times P \times V \times 100}$$
(1)

where *A* (kg): total medicine utilized every year in a country; *R* (%): elimination rate; *P*: number of inhabitants in a country; *V* ( $m^3$ ): amount of wastewater per inhabitant per day.

This situaliptin deposited in aquatic animals and plants, if consumed by humans, may have significant effects like lowering blood pressure, arterial inflammation, neointima formation, circulating endothelial progenitor cells, and increased homeostasis [8,9]. Hence, the treatment of sitagliptin was required.

Many researchers are now working on the treatment of these persistent compounds. They used different techniques for the treatment of water that includes biofilms [10], ultrasound-persulphate [11], catalytic ozonation [12], microbubble ozonation [13], microalgae [14], and electrocoagulation [15]. Production of secondary hazardous and toxic pollutants, consumption of a large amount of energy, and production of sludge minimize the efficiency of these mentioned methods. Researchers are now moving for the adsorption process through nanoparticles [16] as adsorbents due to their high thermal stability, high porosity, and high surface area [17]. Different types of metal nanoparticles like TiO<sub>2</sub>, ZnS, ZnO, CdS, Fe<sub>2</sub>O<sub>3</sub> [18], PES/ silica nanoparticles [19], Ni/graphene nanoparticles [20], PVC/PC/MAg membrane [21], and Cu/Ag nanocomposite [22], etc. have been reported as very effective in the degradation of pharmaceuticals.

Recently, it has been investigated that introducing one or two metals onto the  $TiO_2$  nanoparticles, can improve the removal efficiency of nanoparticles against the removal of different pharmaceuticals. Thus, co-doping of different materials like metallic or non-metallic ions may produce a synergetic impact to enhance the potential of  $TiO_2$ nanoparticles against the removal of pharmaceutical compounds [23]. In one study, 94% degradation of amoxicillin was observed by using Co-doped  $TiO_2$  nanoparticles [24], whereas, in another study, Cu-TiO<sub>2</sub> nanoparticles were evaluated against the removal of naproxen and 87% removal was observed [25]. One other study shows the complete removal of bisphenol A by using Zr-TiO, nanoparticles [26].

Considering all the above aspects, in this study novel, iron doped-titania nanoparticles were synthesized and characterized using Fourier-transform infrared spectroscopy, X-ray diffraction (XRD), scanning electron microscopy (SEM), and energy-dispersive X-ray spectroscopy (EDX). The synthesized nanoparticles were used for the first time in the treatment of sitagliptin in an aqueous solution using the LxL<sup>4</sup> design of the experiment (Taguchi). To study the tentative mechanism different mathematical isotherm models were also studied.

#### 2. Materials and methods

#### 2.1. Synthesis of iron-doped titania nanoparticles

The nanoparticles were prepared by the co-precipitation method [27]. Titania (5.79g, Merck, Pakistan) was added to 21 mL of ethanol (Merck, Pakistan) and stirred (700 rpm) at room temperature for 2 h. Afterwards, 8 mL of distilled water and 7.84 g of FeCl<sub>3</sub>·6H<sub>2</sub>O (Merck, Pakistan) were added and further stirred for 2 h. The resultant slurry was placed in the oven at 100°C till the color changed to light yellow. This was further transferred to a furnace at 550°C for drying. The dried product was kept in an airtight jar and used when required.

#### 2.2. Analytical analysis

The prepared nanoparticles were analyzed using XRD (Bruker 2D Phaser, MA, USA) having Cu-K $\alpha$  at 0.154178 nm ( $\lambda$ ). The  $\theta$  range was 20°–60° and the voltage was 30 kV with 10 mA. The size of the nanoparticles was analyzed using Litesizer 500° in ethanol (as solvent). The morphology was studied using SEM with EDX and E-beam lithograph (FEI Nova 450 NanoSEM, Thermo Fisher, MA, USA). The operating conditions of SEM/EDX were 10 kV (HV), 3 (spot size), 0.1  $\mu$ S (dwell time), ETD (detector), and 4 frames (filtering). The results of XRD and SEM/EDX are given in Fig. 2.

#### 2.3. Method validation

For analysis of the sitagliptin method validation on a UV-Visible spectrophotometer was performed. For this purpose, a standard solution of 1,000 ppm in distilled water was prepared. This stock solution was used to prepare standard solutions from 50–80 ppm. The standard solutions were analyzed on a UV-Visible spectrophotometer at 267 nm. The calibration curve of it is shown in Fig. 1. The various parameters calculated based on this calibration for method validation are given in Table 1. Various parameters like linearity, precision, the limit of detection (LOD), and the limit of quantification (LOQ) were calculated (Table 1).

The following equations were for LOD and LOQ.

$$LOD = \frac{3.3 \times SD \text{ of Intercept}}{Slope}$$
(2)

$$LOQ = \frac{10 \times SD \text{ of Intercept}}{Slope}$$
(3)



Fig. 1. Calibration curve of standard sitagliptin solution at 267 nm wavelength.

### 2.4. Taguchi design of experiment (DOE) for optimization of parameters

The optimization of parameters was performed based on the initial concentration of sitagliptin, adsorbent dose, pH, and contact time. Taguchi's design of the experiment (DOE) was to define various values of optimized parameters. A set of 16 experiments were performed using the LxL (16) design of Taguchi. Table 2 has the list of experiments that were performed in the optimization of parameters. The experimentation was carried out in triplicate and contained blank samples and control samples. The results have a standard deviation of 0.63.

#### 2.5. Isotherms and kinetic study

At optimized conditions, different isotherms and kinetic models were studied. The different mathematical models for this purpose are given in Table 3.

#### 3. Results and discussions

#### 3.1. Characterization of iron-doped titania nanoparticles

Nanoparticles were characterized using XRD, SEM, and EDX (Fig. 2). In the case of XRD, different peaks were observed at 20 values of 24.14°, 33.15°, 35.61°, 35.9°, 41.71°, 49.48°, and 54.09° with inter planer spaces of 012, 104, 110, 111, 200, 024, and 116. The d spacing values were in the range of 4.3–5.0 Å. The crystalline structure of the nanoparticle is hexagonal, R3c, (167), Z = 6. The results are characteristic of iron-titania nanoparticles [28,29]. The particle size analysis (Fig. 2) indicated that the synthetic nanoparticles were in the range of 280–630 nm. The SEM analysis of the nanoparticles showed the presence of agglomerates and clusters. EDX analysis showed the successful formation of iron-titania nanoparticles as the analysis showed the presence of Fe and TiO in the samples. The weight % of "Fe" was 5.6 while for "Ti" it was 10.5 (Fig. 2).

#### 3.2. Optimization of parameters

The removal of sitagliptin was evaluated by varying the parameters, that is, contact time, dose, concentration,

Table 1

Results of method validation of sitagliptin in distilled water using UV-Visible spectrophotometer in this study

Conc. (ppm)	Absorbance	Found conc.	Recovery (%)	
50	0.11	49.6	99.2	
60	0.12	59.6	99.3	
70	0.13	68.6	98.0	
80	0.14	79.6	99.5	
Parameter				
Mean	99.008			
St. dev.	0.683			
SE of intercept	0.002			
SD of intercept	0.003			
Limit of detection	11.517			
Limit of				
quantification	34.900			
R	0.999			
RSD%	0.690			
Slope	0.001			
Intercept	0.058			
$R^2$	0.999			

#### Table 2

Set of experiments showing the values of different parameters for the batch adsorption studies for the removal of sitagliptin using nanoparticles

Sr.	Conc. (ppm)	pН	Dose (mg)	Time (min)	RE %
1.	50	3	50	10	62.54
2.	50	5	100	20	25.14
3.	50	7	150	30	89.19
4.	50	9	200	40	90.7
5.	60	3	100	30	62.33
6.	60	5	50	40	66.09
7.	60	7	200	10	74.85
8.	60	9	150	20	13.72
9.	70	3	150	40	59.58
10.	70	5	200	30	77.05
11.	70	7	50	20	63.89
12.	70	9	100	10	95.11
13.	80	3	200	20	90.16
14.	80	5	150	10	82.71
15.	80	7	100	40	65.46
16.	80	9	50	30	49.78

and pH as per Taguchi's design of experiment. The removal efficiency was calculated using Eq. (4).

# $Removal Efficiency(\%) = \frac{-Final Concentration}{Initial Concentration} \times 100$ (4)

Table 3

Model name	Mathematical form	Parameters	Values
		$Q_{\rm max}$	0.06 mg/g
Longmuir	$\frac{C_e}{q_e} = \frac{1}{bQ_{\max}} + \frac{C_e}{Q_{\max}} $ (5)	b	1.39 L/mg
Langinuir		$R_{L}$	0.014
		$R^2$	0.99
	$\log q = \log K + \frac{1}{\log C} \qquad (6)$	п	0.39
Freundlich		$K_{f}$	12.9 mg/g
	$\log q_e = \log R_f + \log C_e$ (0)	$R^2$	0.99
		Α	0.68
Temkin	$q_e = \frac{RT}{b_r} \ln A_T + \frac{RT}{b_r} \ln C_e \tag{7}$	В	10.03
		$R^2$	0.84
	$\log\left(\frac{\theta}{C_o}\right) = \log(K_{\rm fh}) + n\log(1-\theta) $ (8)	Kad	80.00
		Q <sub>max</sub>	4.42 mg/g
Dubinin–Radushkevich		E	0.08
		$R^2$	0.96
		п	0.98
Flory–Huggins	0	K <sub>FH</sub>	219.01 L/mol
	$\log \frac{\theta}{C} = \log K_{\rm FH} + n \log (1 - \theta) \tag{9}$	$\Delta G$	–8.67 kJ/mol
	$C_o$	$R^2$	0.98
Pseudo-first-order		$q_{e}$	2.2297 mg/g
	$\log(q_{e} - q_{t}) = \log q_{e} - \frac{k_{1}}{2.303}t  (10)$	$k_1$	-0.0152 min
		$R^2$	0.8763
		$q_{a}$	166.6 mg/g
Pseudo-second-order	t = 1 + 1 (11)	k <sub>2</sub>	3.14 × 10 <sup>-6</sup> g/mg·min
	$\frac{1}{q_t} = \frac{1}{k_2 q_e^2} + \frac{1}{q_e} t \qquad (11)$	$R^2$	0.933

Mathematical model calculations using different isotherms for the removal of sitagliptin from aqueous solution using iron-titania nanoparticles

Eq. (5):  $C_e$ : Equilibrium concentration of adsorbate (mg/L);  $q_e$ : the amount of metal adsorbed per gram of adsorbate at equilibrium;  $q_w$ : maximum monolayer coverage capacity (mg/g); *b*: Langmuir isotherm constant.

Eq. (6): *K<sub>r</sub>*: Freundlich isotherm constant; *n*: adsorption intensity.

Eq. (7):  $\beta$ : Temkin constant.

Eq. (8):  $q_s$ : Theoretical isotherm saturation capacity;  $K_{ad}$ : Dubinin–Radushkevich isotherm constant;  $\varepsilon$ : Dubinin–Radushkevich.

Eq. (9):  $\theta$ : degree of surface coverage; *n*: number of ions occupying adsorption sites;  $K_{_{\text{FH}}}$ : Flory–Huggins isotherm constant.

The RE % ranged from 25% to 95% (Table 2). At 10 min and 7 pH, the maximum RE % indicated that the adsorption process was not affected by hydrogen and hydroxyl ions. Maximum adsorption sites were available at a dose of 200 mg of adsorbent which resulted in good RE %. A maximum of 70 ppm dose of sitagliptin gave good RE % as per the given dose active sites. The mean plots of adsorption parameters are shown in Fig. 3. The highest RE % was obtained between 50-200 mg/L of dose which indicated that the adsorbent dose is the most important parameter affecting the removal efficiency. Afterward, contact time is the second most affecting parameter for the removal efficiency giving a removal efficiency of more than 75%. Based on the results obtained for RE %, contour plots were drawn to discuss the interaction between variable and their effects on sitagliptin removal. Fig. 4 illustrates the influence of different parameters on the removal of sitagliptin. In the case of pH vs. time, by increasing the pH between 6-8 and contact time between 35-40 min, RE % was more than 80%. The longer contact time allows pollutants to occupy all the available adsorption sites on the surface of the adsorbent [6]. The adsorbent

dose vs time indicated that increasing the dose from 150 to 200 mg/L increases the surface area (active sites) and more adsorption tools placed which increases the RE %. The initial concentration of sitagliptin (<65 ppm) showed very little RE % because of the low interaction energy and contact time available for the process [30]. The effects of dose and initial concentration showed that by increasing the concentration and dose RE % increased which was a known trend due to the abundance of active site availability [1]. The extreme contour gradient shows that the adsorption process was purely based on the available surface area [31]. The elliptical contour plots also depict that the adsorption process was very rapid at the start, and it declines towards higher doses which leads to higher turbidity in the solution. This turbidity requires additional treatment and increases the operational cost.

#### 3.3. Adsorption isotherms modeling

Five adsorption isotherms Langmuir, Freundlich, Temkin, Dubinin–Radushkevich, and Flory–Huggins were studied for the removal (a tentative mechanism) of



Fig. 2. Results of characterization of iron-titania nanoparticles using (a) X-ray diffraction, (b) particle size, (c) scanning electron microscopy, (d) energy-dispersive X-ray spectroscopy showing the successful formation of nanoparticles.

sitagliptin using iron-titania nanoparticles. The isotherms plots are illustrated in Fig. 5. The concentration of sitagliptin varied from 20–80 ppm at 7 pH, 10 min, and 200 mg/L dose of adsorbent. The mathematical model of isotherms is given in Table 3. Langmuir plot between  $\log C_e$  and  $C_f$   $q_{e'}$  where  $C_e$  is the concentration of sitagliptin at equilibrium, while  $q_e$  is the experimental adsorption capacity. The results indicate that the monolayer adsorption with maximum adsorption (>90%) capacity at 200 mg of the adsorbent dose. The constant *b* was 1.39 and  $R_L$  was 0.1 which indicates that the nanoparticles have good affinity for the



Fig. 3. Mean plots of various adsorption parameters showing the effect on removal efficiency of sitagliptin using nanoparticles.

sitagliptin which makes adsorption a favorable process [32]. Freundlich isotherm plot was drawn between  $\log C_{a}$  and  $\log q_{\perp}$ . The K<sub>e</sub> (adsorption capacity) and n (adsorption intensity) were 12.93 mg/g and 0.38, respectively. This indicated that the adsorption process was multilayer [32]. As the  $R^2$ value Freundlich isotherm is higher than the Langmuir therefore it suggested that the Freundlich model was more suited than Langmuir for sitagliptin removal [33]. Temkin isotherm explains adsorption energy and adsorbate-adsorbent interaction. The constants A (binding constant) and B (binding energy) were 0.68 and 10.31, respectively. This suggested that the process of adsorption was exothermic [34]. The high value of the correlation coefficient indicated that the adsorption process was chemisorption with physical attraction [32]. Dubinin-Radushkevich explains the porosity of the adsorbent. The constant  $Q_{\rm max}$  (maximum theoretical isotherm saturation capacity),  $K_{ad}$  (Dubinin-Radushkevich constant), and E (mean adsorption energy) were 4.42 mg/g, 80, and 0.08, respectively. These results supported the chemisorption adsorption with dominant physical attraction as the value of E is less than 8 kJ/mol [1,32]. Flory–Huggins isotherms explain the degree of surface coverage of adsorption sites on the surface of the adsorbent. The constant *n* (number of ions occupying adsorbent sites) and  $\Delta G$  (Gibbs free energy) was 0.98 and -8.67 kJ/mol, respectively. This indicated that nanoparticles have enough adsorption active sites where sitagliptin can adsorbed spontaneously (Table 3). Overall, the adsorption process was multilayer, spontaneous, and exothermic in nature. The tentative mechanism of the adsorption is given in Fig. 6.

#### 3.4. Kinetics adsorption model

To study the kinetics (pseudo-first-order and pseudo-second-order), plots between *t* vs.  $log(q_e - q_i)$  and  $t/q_i$  vs. *t* were used (Fig. 7). The value for the correlation coefficient for pseudo-second-order was closer to 1, that is, ( $R^2 = 0.93$ ) than first-order which was 0.87 which indicated that the adsorption process was chemisorption as mentioned in the literature [35,36]. Furthermore, the values of experimental and theoretical adsorption capacity for pseudo-secondorder was minimal which supported the pseudo-second-



Fig. 4. Contour plots of various adsorption parameters for the removal of sitagliptin from an aqueous solution using iron-titania nanoparticles.

order kinetics in adsorption [37]. When the outer side of the nanoparticles is filled with the components of sitagliptin present in the wastewater, it starts entering the pores of the adsorbent available for the process. The fast adsorption kinetics increases the efficiency and reliability of the adsorbent [1]. The removal process reaches equilibrium in 10 min (Table 1).

Table 4 demonstrates that the removal efficiency of iron-doped titania nanoparticles towards the removal of the understudied pollutant was found extraordinarily superior to different materials of doped titania adsorbents (reported in the literature), which were investigated for the removal of various pharmaceutical drugs from water. The researcher used different nanoparticles for the removal of persistent pollutants from wastewater but have a less removal efficiency than the under-study nanoparticles hence making the use of these nanoparticles superior to other literature reported studies.

#### 3.5. Cost analysis

The cost analysis of the synthetic nanoparticles is summarized below. A \$0.38 is required for the treatment of 1 L of water containing sitagliptin as a pollutant.



Fig. 5. Result of various isotherm plots obtained for the removal of sitagliptin using iron-nanoparticles at 7 pH, 200 mg/L dose, and 10 min contact time.



Fig. 6. Schematic diagram for the removal of sitagliptin from the sample solution.

Cost of titania	\$0.026/1 g
Cost of $FeCl_3 \cdot 6H_2O$	\$0.28/1 kg
Cost of ethanol	\$1.5/1
Cost of nanoparticles (titania + iron salt + ethanol + electricity charges)	0.342 + 0.0024 + 0.0315 + 0.01 = \$0.3859
Cost of treatment	\$0.3859 L

Table 4

Comparison of pollutant removal efficiencies of nano adsorbents (reported in the literature) with present research

Different materials used	Pollutant removal	Removal efficiency (%)	References
Fe-TiO <sub>2</sub>	Sitagliptin (DPP-IV)	80	Present study
Agro waste-TiO <sub>2</sub>	Sulfamethoxazole	50	[38]
N/S-TiO <sub>2</sub>	Diclofenac	70	[39]
B-TiO <sub>2</sub>	Metoprolol	70	[40]
Zn-TiO <sub>2</sub>	Ciprofloxacin	28.75	[41]
Ag-TiO <sub>2</sub>	Amoxicillin	63.48	[42]
$Fe^{3+}-TiO_{2-x}N_x$	Diclofenac	72.3	[24]





#### 4. Conclusion

In this study, the iron-doped titania nanoparticles are synthesized and characterized by XRD, SEM, and EDX. The results indicated the successful formation of nanoparticles. These nanoparticles were used for the removal of sitagliptin. The UV-Visible spectrophotometer was used for the method validation for sitagliptin. The result showed that the method was precise, and accurate and had LOD (11.5 ppm) and LOQ (34.9 ppm). Taguchi's design experiment suggested 16 sets of experiments that gave more than 80% removal efficiency under batch adsorption studies. The maximum adsorption capacity of iron-titania nanoparticles was 4.42 mg/g for sitagliptin. The optimized parameter values were contact time (10 min), pH (7), initial concentration (70 ppm), and adsorbent dose (200 mg/L). The adsorption isotherms model suggested that the adsorption process was multilayer chemisorption, exothermic and spontaneous. Kinetic studies indicated that the adsorption process followed second-order kinetics. Overall, the nanoparticles are novel and gave exceptionally reliable results for batch experiments for the removal of sitagliptin and can be used in continuous studies for future research.

#### Statements and declarations

#### Ethics approval and consent to participate

Not applicable.

#### **Consent for publication**

Not applicable.

#### Availability of data and materials

Can be provided on request.

#### **Competing interests**

Authors have no competing interest whatsoever.

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#### Authors' contributions

Muhammad Irfan Jalees: Original Idea and manuscript writing; Yousara Rauf: Experimental, result compilation, initial draft; Arfa Iqbal: Experimental; Nayab Zahara: Experimental; Emre Cevik: Manuscript review.

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