

## Utilization of probiotic bacteria *Pediococcus acidilactici* to enhance water quality, growth performance, body composition, hematological indices, biochemical parameters, histopathology and resistance of red tilapia (*Oreochromis* sp.) against *Aeromonas sobria*

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### ABSTRACT

Aquaculture uses probiotic bacteria as a microbiological supplement in place of antibiotics. The current study's objective was to determine how well red tilapia (*Oreochromis* sp.) raising water responded to *Pediococcus acidilactici* as a probiotic bacterium. For the four groups (one control group, three test groups), a total of 120 fingerlings (13.00 ± 0.10 g) were used. *P. acidilactici* was treated in growth water in three test groups at various concentrations. In terms of ultimate body weight, weight increase, and specific growth rate, fish raised in water supplemented at a high level with *P. acidilactici* performed noticeably better during growth compared to the control. When fish rearing water included lower levels of *P. acidilactici* than the control group, feed conversion ratios were considerably improved. In comparison to the untreated group, the range and median levels of unionized ammonia in water were likewise significantly reduced by probiotic water additives. When compared to the control group, the treated tilapia water with a high concentration of *P. acidilactici* had higher amounts of crude protein and ash as well as lower levels of fat. The heights of the intestinal villi increased as the water's probiotic content rose. Finally, red tilapia fish were experimentally challenged with pathogenic *Aeromonas sobria*, and mortalities were daily recorded for 15 d following infection, indicating the effect of probiotics feeding to enhance resistance to *A. sobria*.

**Keywords:** *Pediococcus acidilactici*; *Oreochromis* sp.; Water quality; Growth performance; body composition; biochemical parameters, Histology; *Aeromonas sobria*

### 1. Introduction

Aquaculture is still a major source of food and income for millions of people around the world. Ailments and unfavorable environmental factors continually reduce production, resulting in significant economic losses for farming [1,2]. Poor management practises in the aquaculture industry, such as overfeeding, high stock densities, destructive

fishing techniques, and polluted water, increase the chance of illness signs [3,4]. Since there are concerns about antibiotic overuse and antibiotic residues in aquatic animals, fish producers only resort to antibiotics as a last resort to address a variety of illnesses [5,6]. Antibiotics are often not assured to be successful since bacteria may develop resistance to them after use, which is detrimental for the environment

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[7–10]. Nonetheless, the use of prebiotics and probiotics in aquaculture has lately increased [11–14].

The lactic acid bacteria, the yeast *Saccharomyces boulardii*, and the enterococci are the probiotics that are most frequently employed [15,16]. Due to their distinct physiological, morphological, and metabolic characteristics, as well as their capacity to secrete a variety of enzymes and a health-promoting organic acid and aromatic compounds. They secrete peptides that are harmful to pathogens but not to the host, known as antimicrobial peptides [17]. A gram-positive bacteria called *Pediococcus acidilactici* selectively ferments lactic acid (LAB) and can endure a variety of acidities [18–20]. These helpful bacteria boost feed consumption and gut microbiota diversification, two processes that are frequently exploited as growth promoters in a range of aquatic animals [21–23]. In addition, several descriptions of *P. acidilactici* probiotics concentrate on boosting immune function and enhancing fish species' tolerance to infectious diseases [24–26].

The common freshwater cultivated fish known as tilapia (Nile, Red and other) can be raised in a variety of habitats and will consume a variety of feed ingredients. Tilapia cultivation produces 5% of all finfish aquaculture and 75% of all aquaculture worldwide [27]. There is a connection between the growth of tilapia fish aquaculture and serious infections [28]. Fish are continuously under stress due to overstocking and poor water quality, which increases their susceptibility to disease [29,30]. Many wild and farmed fish species, including tilapia (*Oreochromis* sp.), and perch (*Perca fluviatilis*), have been found to be infected by *Aeromonas sobria* [7,31]. Septicemia, fin and tail rot, and ulcerative dermatitis are among the clinical indications displayed by fish infected with *A. sobria* [32]. This pathogen can infect both humans and other vertebrates, and in those who have poor immune systems, this can lead to serious local and systemic infections [33]. Hence, the goal of this study was to see if using the probiotic bacteria *P. acidilactici* may boost red tilapia fish (*Oreochromis* sp.) resistance to *A. sobria* by improving water quality, growth performance, body composition, haematological indices, biochemical parameters, and gut histology.

## 2. Materials and methods

### 2.1. Experimental approach

The fish was divided into four experimental groups which are: T0: with the addition of 0.0 g *P. acidilactici* per m<sup>3</sup> water; T1: with the addition of 0.1 g *P. acidilactici* per m<sup>3</sup> water; T2: with the addition of 0.2 g *P. acidilactici* per m<sup>3</sup> water; T3: with the addition of 0.3 g *P. acidilactici* per m<sup>3</sup> water. Commercial probiotics (Bactocell PA10) were applied which contained encapsulated lactic acid bacteria (*P. acidilactici*). Fish were given commercial diets three times per day at 07:00, 11:00, and 15:00 at a rate determined by fish biomass (5% in the first 28 d, 4% in the second 28 d, and 3% in the last 14 d in all groups). Fingerlings were fed on the extruded diets of Aller Aqua Company (Cairo, Egypt) (<https://www.aller-aqua.com/>). The proximate chemical composition of the used commercial diet is 30% protein, crude lipid (5.2%), fiber (4.8%), NFE (47.2%), ash (5.8%). Each experimental group's fish were live-weighed every two weeks in order

to estimate the quantity of feed ingested throughout the trial period. There is simply natural sunlight.

In the three experimental probiotic treatments, 10% of the water was changed every day to account for the probiotics that would be lost during water changes and to provide 10% extra probiotics each day. For the probiotic-free control treatments, the water was switched by 25% each day to investigate how *P. acidilactici* affected the performance of red tilapia fish and to improve the test aquariums' water quality characteristics by reducing the rate of water changes. Probiotics from Bactocell PA10 were used in three different dosages.

#### 2.1.1. Ethical approval

All applicable international, national, and/or institutional guidelines for the care and use of fish.

### 2.2. Testing water quality

Every day at 3 pm, water quality parameters were measured. An oxygen meter with temperature and oxygen probes was used to measure temperature and dissolved oxygen (DO) levels. The pH readings were taken using a pH meter. A refractometer (Erma, Japan) was used to assess the water's salinity [13]. The HANNA HI-96715-11 ammonia medium range photometer was used to measure the total ammonia nitrogen (TAN) (HANNA, Nusalau, Romania).

### 2.3. Evaluation for fish growth

Fish specimens were taken and weighed separately to determine the growth and feed utilization variables. The criteria investigated included body weight gain (WG), weight gain rate (WG%), specific growth rate (SGR), survival rate (SR), feed intake (FI), and feed conversion ratio (FCR) according to the study of Sharifah et al. [34].

### 2.4. Body's overall composition

Analyses of diet and fish body composition were carried out using conventional methods [35]. The fish was autoclaved, then homogeneously mashed into a liquid, dried in an oven, and then reground before analysis. A Kjeltac auto analyzer (Model 1030, Tecator, Hgans, Sweden) was used to calculate the amounts of crude protein. Crude lipid concentrations were estimated according to the Bligh and Dyer [36]. Standard procedures were used to analyze the contents of moisture, dry matter, and ash [37].

### 2.5. Collection of blood

Nine fish from each treated group—three fish in each aquarium—were randomly sampled after a 24-h fast. According to Adeshina et al. [38] the fish was put to sleep for 3 min with 95 mg/L clove oil before blood samples were taken from the caudal vein with a 1-mL sterile syringe. In order to identify antioxidant and hematological markers, the pooled blood specimen was combined with dipotassium salt of ethylenediaminetetraacetic acid as an anticoagulant (0.5 mg/mL blood), transferred to Eppendorf tubes, and

centrifuged (3,000 g for 15 min). Until it was required, the serum was maintained at 20°C.

### 2.6. Blood biochemical analysis

According to Stoskopf [39], red blood cells (RBC) were counted using a hemocytometer and Natt & Herrick's solution. After adding Drabkin's solution, the haemoglobin was measured using the study of Blaxhall and Daisley [40]. Several researchers assessed the total protein, albumin, and globulin contents of the collected serum [41–43]. Reitman and Frankel [44] tested the enzymes aspartate aminotransferase (AST), alanine aminotransferase (ALT), and alkaline phosphatase (ALP). The formula developed by Heinegard and Tiderstrom was used to determine creatinine [45]. According to Trinder [46], serum glucose was measured using a "Boehringer" blood sugar testing kit.

### 2.7. Microscopic examination of intestinal sections

Three fish from each group were anaesthetized at random with 40% ethyl alcohol after 70 d of feeding [19]. Fish intestines were removed and divided into proximal, middle, and distal sections [47]. After the esophageal aperture, the proximal section continues till the start of the hepatic loop. The proximal major coil, the stomach loop, and the distal major coil make up the central portion of the intestine that is coiled. After the coiled segment, the distal or terminal portion of the intestine starts and reaches up to 2 cm before the anus. About 1 cm long segments of the intestine were fixed in Bouin's solution for the night before being moved to 70% ethanol. Before being embedded in paraffin, the samples underwent an increasing alcohol series (70%–100%) of dehydration. After being transversely divided into 5 mm-thick sections, the intestinal portions were stained with hematoxylin and eosin (H&E). With a light microscope and a camera, the sections were analyzed. The length, and width of the intestinal villi as well as muscular thickness in each region were measured using Image J version 1.36.

### 2.8. *A. sobria* challenge test

A pathogenic *A. sobria* strain was applied. After a 70-d of experiment, the resistance of red tilapia to pathogenic *A. sobria* was investigated, which was grown in an incubator on nutrient broth for 24 h at 30°C. Bacterial pellets were obtained through centrifugation at 3,000 g for 30 min. The pellets were suspended in 1.0 mL of 0.1% peptone water

and inoculated with a 0.1 mL dose of 24 h broth from *A. sobria* ( $5 \times 10^5$  CFU/mL) as described by Schäperclaus [48]. Intraperitoneal,  $1.5 \times 10^7$  cells/mL cell suspension was injected into the fish [49]. For 15 d the challenged fish were observed daily to record mortalities and/or clinical signs.

### 2.9. Statistical analysis

The results were statistically tested in SPSS version by the one-way analysis of variance (ANOVA) test. Differences were considered significant at ( $P < 0.05$ ). Polynomial regression analysis was used on growth performance parameters and feed conversion ratio to determine the linear effects of probiotic supplementation on the tested variables [50].

## 3. Results

### 3.1. Water quality

In the current experiment, which used a regulated photoperiod (12 h of light followed by 12 h of darkness), all water quality values fell within the appropriate limits for red tilapia rearing: Temperature, dissolved oxygen, TAN, salinity, and pH were all measured. When contrasted with the control group, probiotic water additives significantly reduced the TAN values ( $P \leq 0.05$ ) in water and enhanced the aquatic environment as depicted in Table 1.

### 3.2. Growth results

Table 2 displays how *P. acidilactici* additive impacted the growth performance of red tilapia fingerlings. When compared to the control group, the growth performance of *P. acidilactici* treatments was higher value as final weight (g/fish). FCR was higher with T3 than with other groups. The fish group fed T3, followed by T2 and T1, had the best weight gain, SGR, biomass, feed intake, and survival rate ( $P > 0.05$ ), while the fish control group's rates considerably reduced.

### 3.3. Body composition

Table 3 shows the fish's total body composition after being raised in probiotic-infused water. In comparison to the control group, crude protein and ash concentrations increased in all treatment groups. The T3 group had the highest values, followed by the T2 and T1 groups, respectively. In contrast, compared to the control group, all probiotic supplemented groups showed lower lipid concentrations.

Table 1

Effect of *Pediococcus acidilactici* probiotic on water quality parameters during rearing of red tilapia (*Oreochromis* sp.) in a controlled photoperiod (12-h light:12-h darkness)

Parameters	Control	T1	T2	T3
Temperature (°C)	27.365 ± 0.024	27.583 ± 0.082	27.173 ± 0.094	27.317 ± 0.148
Salinity (ppt)	215.667 ± 1.856	217.00 ± 0.577 <sup>b</sup>	216.667 ± 0.882 <sup>b</sup>	234.667 ± 0.882
DO2 (ppm)	8.013 ± 0.063	8.200 ± 0.076	7.683 ± 0.103 <sup>b</sup>	7.310 ± 0.126
pH	8.180 ± 0.009	8.173 ± 0.003	8.123 ± 0.015	8.123 ± 0.012
TAN (ppm)	0.943 ± 0.044 <sup>d</sup>	0.689 ± 0.003 <sup>c</sup>	0.532 ± 0.004 <sup>b</sup>	0.432 ± 0.002 <sup>a</sup>

Superscripts in each column represent significant ( $P < 0.05$ ) differences between the biological replicates.

Table 2  
Effect of *Pediococcus acidilactici* on the growth performance and feed utilization of red tilapia (*Oreochromis* sp.)

	Contol	T1	T2	T3
Initial fish weight (g)	13.00 ± 0.10 <sup>a</sup>	13.07 ± 0.09 <sup>a</sup>	13.00 ± 0.12 <sup>a</sup>	13.10 ± 0.10 <sup>a</sup>
Final fish weight (g)	39.80 ± 0.72 <sup>d</sup>	44.43 ± 0.41 <sup>c</sup>	46.63 ± 0.48 <sup>b</sup>	48.33 ± 0.20 <sup>a</sup>
Weight gain	26.80 ± 0.64 <sup>d</sup>	31.37 ± 0.33 <sup>c</sup>	33.63 ± 0.37 <sup>b</sup>	35.23 ± 0.13 <sup>a</sup>
Weight gain (%)	206.12 ± 3.85 <sup>d</sup>	240.04 ± 1.25 <sup>c</sup>	258.71 ± 1.10 <sup>b</sup>	268.98 ± 1.76 <sup>a</sup>
SGR	1.60 ± 0.02 <sup>d</sup>	1.75 ± 0.01 <sup>c</sup>	1.82 ± 0.00 <sup>b</sup>	1.86 ± 0.01 <sup>a</sup>
Feed intake	46.58 ± 0.72 <sup>c</sup>	49.60 ± 0.34 <sup>b</sup>	50.77 ± 0.36 <sup>ab</sup>	51.51 ± 0.46 <sup>a</sup>
FCR	1.74 ± 0.02 <sup>a</sup>	1.58 ± 0.01 <sup>b</sup>	1.51 ± 0.01 <sup>c</sup>	1.46 ± 0.01 <sup>d</sup>
ADG	0.39 ± 0.01 <sup>d</sup>	0.45 ± 0.01 <sup>c</sup>	0.48 ± 0.01 <sup>b</sup>	0.50 ± 0.00 <sup>a</sup>
Initial number	10.00 ± 0.00	10.00 ± 0.00	10.00 ± 0.00	10.00 ± 0.00
Final number	8.67 ± 0.33 <sup>b</sup>	9.00 ± 0.58 <sup>ab</sup>	10.00 ± 0.00 <sup>a</sup>	9.67 ± 0.33 <sup>ab</sup>
Survival rate (%)	86.67 ± 3.33 <sup>b</sup>	90.00 ± 5.77 <sup>ab</sup>	100.00 ± 0.00 <sup>a</sup>	96.67 ± 3.33 <sup>ab</sup>
Biomass per m <sup>3</sup>	345.37 ± 18.90 <sup>b</sup>	399.43 ± 22.06 <sup>b</sup>	466.33 ± 4.81 <sup>a</sup>	467.23 ± 16.39 <sup>a</sup>

Superscripts in each column represent significant ( $P < 0.05$ ) differences between the biological replicates.

Table 3  
Impacts of *Pediococcus acidilactici* probiotic on the body composition of red tilapia (*Oreochromis* sp.)

Parameters	Control	T1	T2	T3
DM (%)	25.82 ± 0.13 <sup>c</sup>	27.02 ± 0.27 <sup>b</sup>	27.27 ± 0.15 <sup>b</sup>	28.19 ± 0.15 <sup>a</sup>
Protein (%)	57.64 ± 0.10 <sup>c</sup>	59.54 ± 0.15 <sup>b</sup>	60.81 ± 0.23 <sup>a</sup>	60.92 ± 0.12 <sup>a</sup>
Ether Extract (%)	25.39 ± 0.20 <sup>a</sup>	24.78 ± 0.13 <sup>b</sup>	23.28 ± 0.06 <sup>c</sup>	22.99 ± 0.07 <sup>c</sup>
Ash (%)	14.54 ± 0.05 <sup>d</sup>	15.47 ± 0.08 <sup>c</sup>	15.74 ± 0.05 <sup>b</sup>	16.00 ± 0.06 <sup>a</sup>

Superscripts in each column represent significant ( $P < 0.05$ ) differences between the biological replicates.

Table 4  
Effects of *Pediococcus acidilactici* on hematological and serum biochemical parameters of red tilapia (*Oreochromis* sp.)

Parameters	T0	T1	T2	T3
Albumin	1.37 ± 0.03 <sup>a</sup>	1.59 ± 0.01 <sup>b</sup>	1.61 ± 0.02 <sup>b</sup>	1.81 ± 0.03 <sup>c</sup>
Globulin	1.81 ± 0.02 <sup>a</sup>	1.87 ± 0.01 <sup>a</sup>	2.14 ± 0.08 <sup>b</sup>	2.13 ± 0.05 <sup>b</sup>
Total protein (mg/mL)	3.18 ± 0.04 <sup>a</sup>	3.46 ± 0.01 <sup>b</sup>	3.75 ± 0.08 <sup>c</sup>	3.94 ± 0.05 <sup>d</sup>
ALT (U/L)	47.76 ± 0.83 <sup>b</sup>	46.45 ± 0.09 <sup>ab</sup>	45.99 ± 0.19 <sup>a</sup>	45.10 ± 0.04 <sup>a</sup>
AST (U/L)	126.10 ± 2.06 <sup>c</sup>	121.13 ± 0.30 <sup>b</sup>	118.28 ± 0.29 <sup>ab</sup>	117.18 ± 0.63 <sup>a</sup>
ALP (U/L)	26.91 ± 0.21 <sup>d</sup>	23.33 ± 0.18 <sup>c</sup>	21.68 ± 0.04 <sup>b</sup>	21.09 ± 0.03 <sup>a</sup>
RBC (10 <sup>6</sup> mm <sup>-3</sup> )	1.20 ± 0.01 <sup>a</sup>	1.35 ± 0.01 <sup>b</sup>	1.44 ± 0.01 <sup>c</sup>	1.44 ± 0.01 <sup>c</sup>
Hb (g/dl)	6.15 ± 0.02 <sup>a</sup>	7.34 ± 0.06 <sup>b</sup>	7.90 ± 0.01 <sup>c</sup>	7.92 ± 0.01 <sup>c</sup>
Hct (%( pcv)	27.33 ± 0.10 <sup>a</sup>	28.30 ± 0.07 <sup>b</sup>	28.78 ± 0.05 <sup>c</sup>	28.87 ± 0.01 <sup>c</sup>
MCV (fl)	230.86 ± 2.60 <sup>c</sup>	209.66 ± 1.99 <sup>b</sup>	197.34 ± 4.27 <sup>a</sup>	200.47 ± 0.84 <sup>a</sup>
MCH (pg)	51.26 ± 0.64 <sup>a</sup>	54.35 ± 0.05 <sup>b</sup>	54.97 ± 0.28 <sup>b</sup>	55.02 ± 0.18 <sup>b</sup>
MCHC (%)	23.09 ± 0.46 <sup>a</sup>	25.92 ± 0.25 <sup>b</sup>	27.44 ± 0.08 <sup>c</sup>	27.45 ± 0.03 <sup>c</sup>
Creatinine	61.76 ± 0.65 <sup>d</sup>	56.42 ± 0.60 <sup>c</sup>	51.79 ± 0.62 <sup>b</sup>	49.38 ± 0.19 <sup>a</sup>
glucose (mg/dl)	129.40 ± 0.73 <sup>c</sup>	125.99 ± 0.13 <sup>b</sup>	126.34 ± 0.25 <sup>b</sup>	123.72 ± 0.35 <sup>a</sup>

Superscripts in each column represent significant ( $P < 0.05$ ) differences between the biological replicates.

### 3.4. Biochemical parameters

Results in Table 4 show that the RBCs and haemoglobin showed slight elevation in values in fish reared on probiotic. The addition of *P. acidilactici* decreased in AST, ALT, ALP and creatinine values compared with the control. Glucose

activities slightly decreased in T1, T2 and T3 fish groups compared to the control group. The supplementation of probiotic showed a minor elevation in the serum total protein, albumin and globulin levels than in the control group after 70 d.

### 3.5. Examination of histological sections

The intestinal villi of the T2 and T3 groups were found to be branching and noticeably longer, with the T3 group exhibiting a minor degree of apical villous sloughing. The apical portion of the intestinal villi in the control group clearly sloughed off. The villus length, width and muscular thickness the red tilapia intestine slightly increased upon using *P. acidilactici* in larger doses as depicted in (Figs. 1 and 2).

### 3.6. *A. sobria* challenge test

Adding probiotic to water, dramatically increased ( $P > 0.05$ ) red tilapia resistance to *A. sobria* infection compared to the control group as shown in (Fig. 3). Exophthalmia, ascites, tail and fin rots, scalelessness with external haemorrhage, and septicaemic lesions of the internal organs were found after the fish had died. Clinical indicators of death included exophthalmia as well as internal organ septicaemia.

## 4. Discussion

During routine inspection, it was found that the determined water quality parameters were within the range that was suitable for tilapia growth [51,52]. All living things, including cichlid fish species, depend on DO, a crucial aspect of water quality [53]. Moreover, fish and other

aquatic species are stressed, prone to infectious illnesses, and grow slowly at low dissolved-oxygen levels (4 mg/L) [54]. According to the results, adding probiotics to fish water may have an impact on DO levels. Understanding the dynamics of TAN and other nitrogenous waste is essential for the sustainability of intensive aquaculture systems and preventing unexpected fish deaths [8,55]. The results show that tilapia water treatment can lower ammonia range levels and enhance the aquatic environment. These results were in line with those of Khademzade et al. [56], who found that adding two bacterial strains— *P. acidilactici* and *Bacillus cereus*— to a shrimp pond considerably lowered the nitrogenous concentration. Also, according to John et al. [57], adding probiotic strains to *Oreochromis mossambicus*' rearing water dramatically decreased the levels of ammonia. Several forms of nitrogen can be removed from fish wastewater by *Bacillus* species [58] and are crucial for controlling the nitrogen cycle through nitrogen fixation, nitrification, and denitrification as well as ammonification [59,60]. This research supports a report by Naiel et al. [55] indicating administration of various probiotic strains in rearing water improves the water quality, performance, body chemical analysis, antioxidant response, and immune responses of tilapia.

Addition of *P. acidilactici* to tilapia water improved weight gain, SGR, feed intake, FCR, biomass, and survival rate in comparison to water without *P. acidilactici*. It has

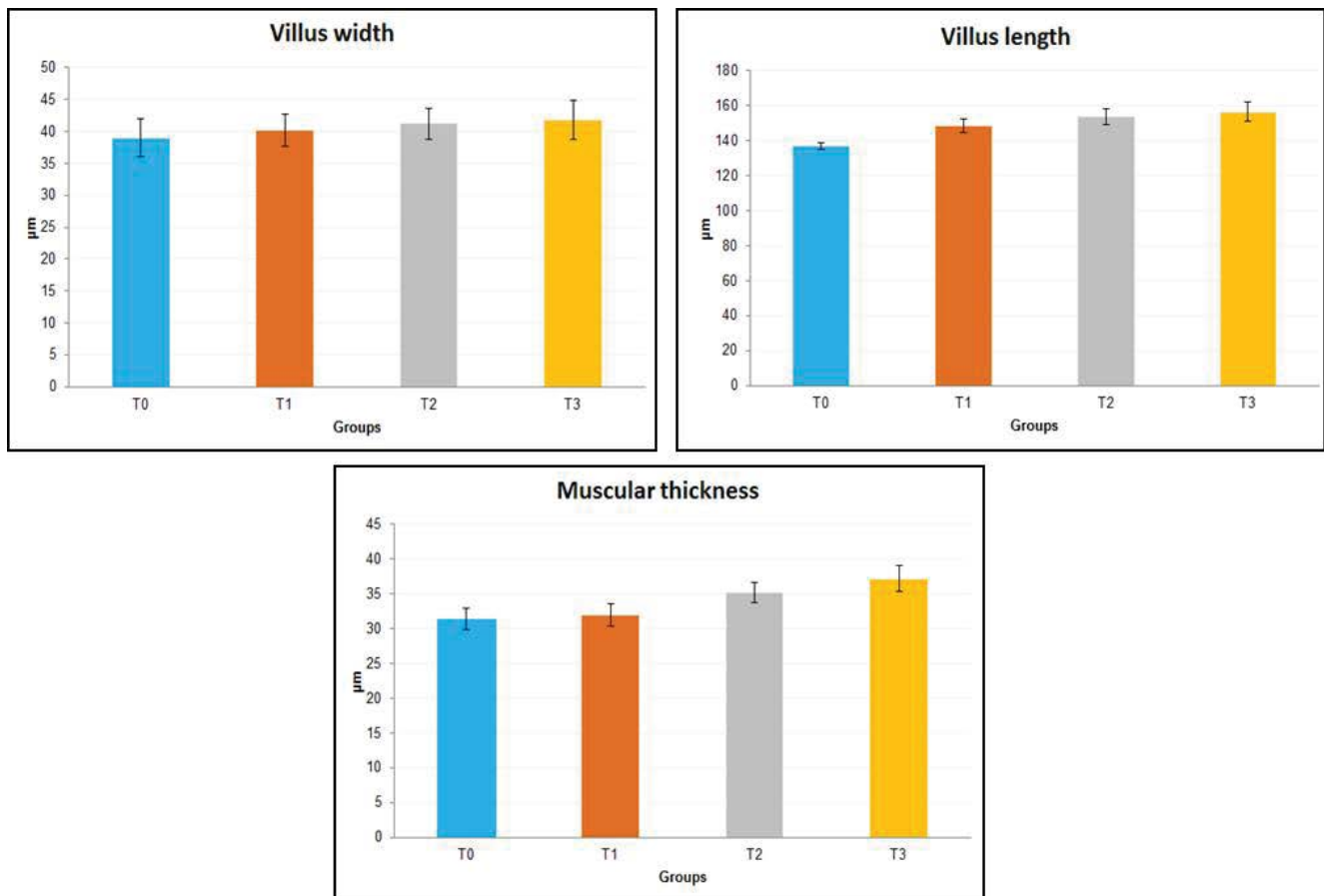


Fig. 1. Impact of probiotic diets on villus width, length and muscular thickness of red tilapia (Data are represented as means  $\pm$  standard errors).

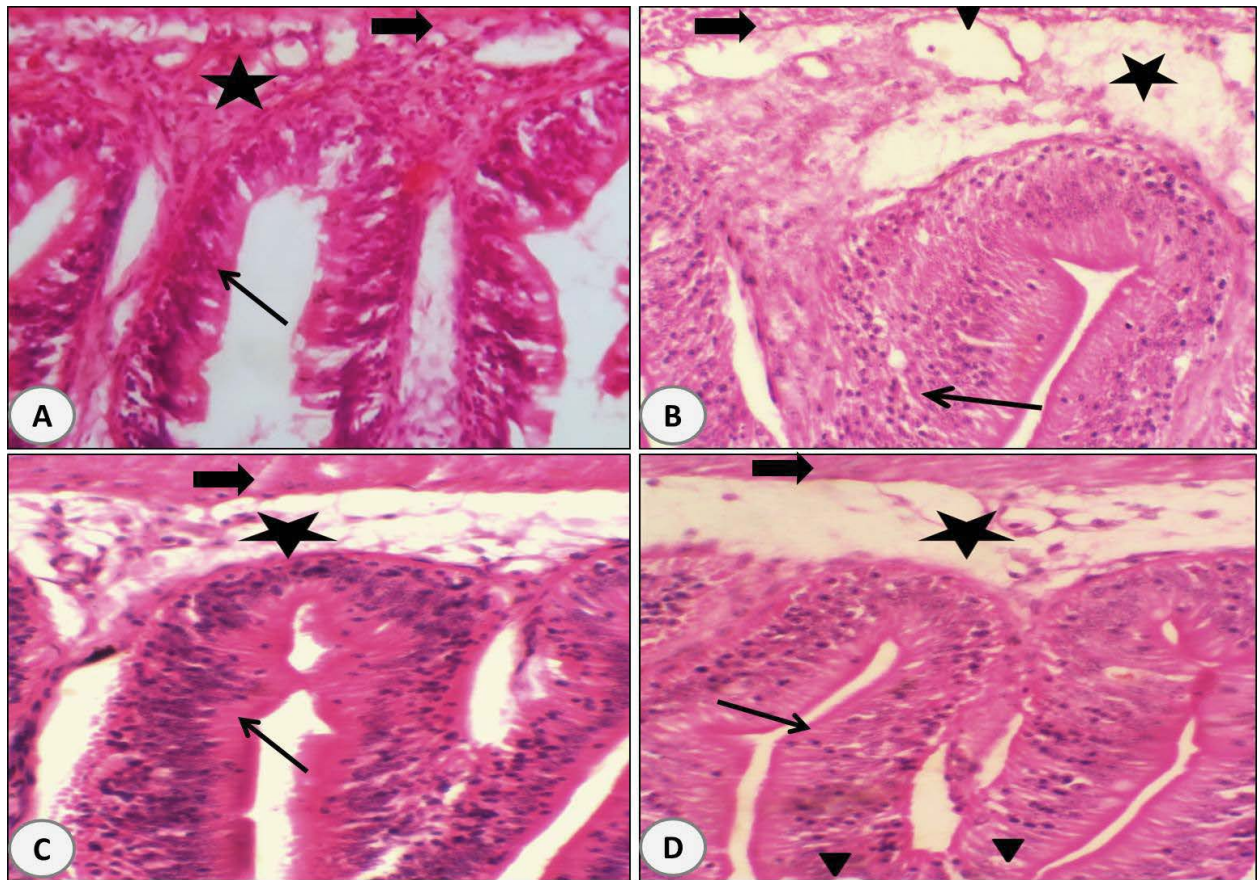


Fig. 2. Histological sections of red tilapia intestine fed with the experimental diets. (A) Control (T0), (B) T1, (C) T2, and (D) T3 (scale bar = 50 μm). Muscular layer (thick arrows) and villi (thin arrows), loose connective tissues (stars), and some vacuoles (arrowheads).

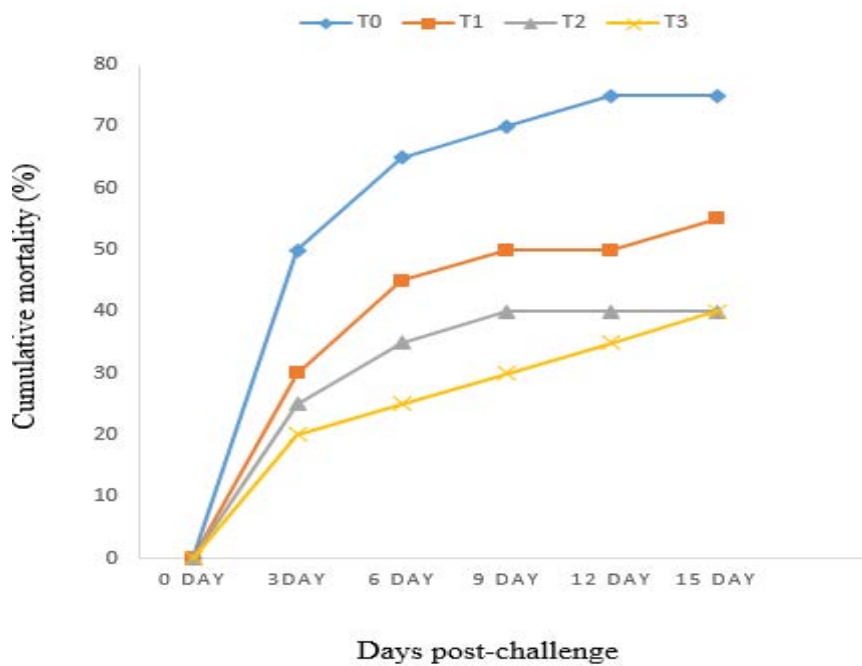


Fig. 3. Variations in the cumulative mortality (%) of tilapia fish (*Oreochromis* sp.) for 70 d and challenged with *Aeromonas sobria* for 15 d.



been reported that using probiotics in fish culture water had a positive effect on the growth and efficiency of consumed feed in tilapia. Early reports have also illustrated that probiotic-enriched tilapia rearing water dramatically enhanced growth and productivity [8,61–63]. *P. acidilactici* supplementation elevated the crude protein of *Oreochromis* sp. According to the findings, using *Streptococcus faecium* or *Lactobacillus acidophilus* improved the protein content of fishes [8,11]. This could be due to improvement of feed intake, improved digestibility and usage of nutrients, as well as variations in muscular deposition rate [64]. In contrast, probiotic-supplemented Senegalese sole and rabbit fish had no effect on body composition [65].

Biochemical parameters are beneficial in predicting fish health [66]. Probiotic-supplemented water used in this study increased RBC count and haemoglobin content. These findings suggest that using *P. acidilactici* in *Oreochromis* sp. was safe and capable of improving body status. Several investigators reported no significant differences in RBC counts after feeding *Bacillus* to tilapia and rainbow trout compared to controls [67,68].

Blood protein fraction such as total proteins (TP), which is composed of albumin and globulin, is frequently dignified as a pointer of aquatic animal immune and health profiles [69], and its elevation indicates a more robust innate immune eminence [70] and this is in agreement with our study.

Furthermore, the data revealed that T1, T2, and T3 had lower creatinine, ALT, and AST levels than the control. Furthermore, the inclusion rate of probiotics in their diets had an effect on their activity. The liver enzymes ALT and AST are essential indicators of liver health and function and this is in agreement with Eissa et al. [11].

The histology of the probiotic-treated tilapia in the current investigation showed noticeably more positive intestinal changes than those in the control group. The results of this study are in agreement with earlier studies on the advantages of probiotics [71]. Fish intestinal goblet cells have both secretory and absorptive activities [11]. In all areas of the gut, goblet cells dramatically expanded after *P. acidilactici* treatment. The gut epithelium is inhibited by gastrointestinal microbiota, which also reduces brush border activity, causes mucosal damage, and decreases absorption area. The gut epithelium is also inhibited by the absence of gastrointestinal microbiota, which also reduces brush border activity, causes mucosal damage, and decreases absorption area [72,73].

Aquaculture will only benefit from immunostimulants if they considerably increase fish protection against pathogenic bacterial infection. Disease resistance is frequently evaluated using fish survival after pathogen challenge [74]. Probiotics added to water considerably decreased red tilapia mortality after injection with *A. sobria* when contrasted with the control group. According to these results, *P. acidilactici* considerably enhanced the Nile tilapia's non-specific immune system, increasing the fish's resistance to *A. sobria* infection. This is in agreement with report by Abou-El-Atta et al. [75]. This is as a result of the probiotic bacteria's capacity to generate "bacteriocins" that are toxic to other bacteria, like *P. acidilactici* [76]. The results of the research indicated above showed that *P. acidilactici* considerably increased

fish resistance to different harmful microorganisms [77]. According to Lee et al. [78], fish raised on probiotic *Bacillus subtilis* were considerably more resistant to bacterial invasion with *Vibrio anguillarum* than fish raised on the control group.

## 5. Conclusion

The use of *P. acidilactici* can enhance water quality, red tilapia fish growth performance, body composition, and resistance to *A. sobria*. A high concentration of *P. acidilactici* (0.3 g/m<sup>3</sup>) in fish water produced the best results in improving *Oreochromis* sp. response's to *A. sobria* infection, and this can be considered as a potential candidate to replace the use of antibiotics in water.

## Funding

No funding.

## Data availability statement

All created data during this study were inserted in the manuscript.

## Conflicts of interest

The authors declare no conflict of interest.

## References

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