



## Bacteriological, inorganic and heavy metal evaluation of drinking water of the specified flood affected areas of Dir (Lower) Pakistan

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### ABSTRACT

In the year 2010, Pakistan was badly hit by devastating flood and about one-fifth of the total area of the country was under the flood water. In this study, an attempt was made to find out whether the portable water sources were still contaminated with various pollutants or not, after two years of the devastating flood. The samples were collected from selected areas of Dir Lower Khyber Pakhtunkhwa Pakistan in 2012. Different physicochemical parameters like pH, EC, turbidity, alkalinity and hardness,  $\text{NO}_3^{1-}$ ,  $\text{SO}_4^{2-}$ ,  $\text{F}^{-1}$ ,  $\text{Cl}^{-1}$ , Na, K, Ca, Mg, Cr, Ni, Fe and Pb were determined. The samples were also checked for the presence of pathogenic bacteria. The collected water samples were found contaminated with high level of nutritional metals, heavy metals (Cr, Ni, Fe, Pb) and pathogenic bacteria such as coliform, faecal coliform, *E. coli*, *S. aureus*.

*Keywords:* Heavy metals; Nutritional metals; Bacteria; Groundwater

### 1. Introduction

Due to heavy monsoon rainfall in July 2010, flood came in all four provinces of Pakistan and about one-fifth of the total area of Pakistan was under the flood water. However, the two provinces, Khyber Pakhtunkhwa and Punjab were badly affected [1–3]. According to the government of Pakistan statement, about 796,095 square kilometres (307,374 square miles) were under the flood water and 20 million people were affected. Approximately 2000 people died [3–5].

Hankimoon, the United Nations Secretary General, asked initially for a relief fund of US \$420 million on emergency basis, and according to him it was the

greatest devastation ever made by flood in the history. According to World Health Organization (WHO), about 10 million people were compelled to drink unsafe contaminated water [6]. In August 2010, the nongovernmental organization, ACTED (Agence d'Aide à la Coopération Technique Et au Développement: Agency for Technical Cooperation and Development) made a survey on the rapid needs assessment in the flood affected areas of Dir Lower. The objectives of the survey were: the assessment of the vulnerability of Lower Dir population after the floods, data collection to focus on access to the area, affected population, shelter needs, water, sanitation and hygiene needs, access to health facilities, education facilities, damages to agriculture key facilities and risk of food security and livelihood [7]. In July 2010, WHO said in his flood

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report on Dir Lower that all the water sources were contaminated with flood and rain fall [8].

The aim of the present study was to evaluate the different water quality parameters of spring, open well, tube well, hand pump and tap water, whether they are fit for drinking or still contaminated.

## 2. Experimental

Hundred samples of drinking water were collected from selected areas of District Dir Lower. The collected samples were from various portable water sources like tube wells, hand pumps, springs, municipal tap water supply and open well. Water samples were brought in 1 l capacity bottles with great precautionary measures. For bacteriological analysis, sterilized containers of 100 ml capacity were used. For the preservation of collected water samples for heavy metals analysis, nitric acid was used while the evaluation of nitrates boric acid was used. The samples were given arbitrary numbers. The samples

collected for microbiological analysis were represented by 1, for heavy metals evaluation by 2, for inorganic constituent such as nitrate and other chemicals determinations by 3 and for physical parameters evaluation by 4.

The concentrations of heavy metals (cadmium, chromium, lead and iron) in the collected samples were determined by atomic absorption spectrometry while sodium, potassium, calcium and magnesium alkali and alkaline earth metals were determined by flame photometry. Different physical parameters and inorganic constituents (nitrate, bicarbonate etc.) were also determined by methods available in literature. The analytical methods used for the determination of different physicochemical parameters are presented in Table 1.

## 3. Results and discussion

The details of the collected samples are given in Table 2.

Table 1  
Methodologies used for the determination of physicochemical parameters

S#	Parameters	Test method
1	Alkalinity (m mol/l as CaCO <sub>3</sub> )	2320, standard method (1992)
2	Bicarbonate	2320, standard method (1992)
3	Carbonate	2320, standard method (1992)
4	Hardness (mg/l)	EDTA titration, standard method (1992)
5	Nitrate Nitrogen (mg/l)	Cd, reduction (HACH-8171) by spectrometer
6	Sulphate (mg/l)	Sulfa Ver4 (HACH-8051) by spectrophotometer
7	Chloride (mg/l)	Titration (Silver Nitrate), standard method (1992)
8	Fluoride (mg/l)	8090, SPADNS method (HACH-8051) by spectrophotometer
9	Sodium (mg/l)	Flame photometer PFP7, UK
10	Potassium (mg/l)	Flame photometer PFP7, UK
11	Calcium (mg/l)	3500-Ca-D, standard method (1992)
12	Magnesium (mg/l)	2340-C, standard method (1992)
13	pH 25°C	pH metre (HI 110, Hana)
14	Turbidity (NTU)	Turbidity metre, Lammote, Model 2008, USA
15	TDS (mg/l)	2540C, standard method (1992)
16	Iron (mg/l)	TPTZ method (HACH-8112) by spectrophotometer
17	Conductivity (mS/cm)	E.C. Metre, Biochem lab UOM
18	Chromium (µg/l)	1,5-Diphenylcarbohydrazide method (Hach-8023) by spectrophotometer
19	Ni	Flame photometer PFP7, UK
20	Lead (µg/l)	Dithizone Method (HACH-8033) by spectrophotometer
21	Total Coliform	MPN tables (APHA 2001)
22	<i>E. coli</i>	Bio.: chem.: tests & <i>E. Coli</i> 0157:H7 latex test reagent kit pro lab. Canada (APHA 2001)
23	<i>Pseudomonas aeruginosa</i> (PA)	Biochemical tests (APHA 2001)
24	<i>Vibrio cholerae</i> (VB)	Bergey's Manual of Determinative Bacteriology, 1994
25	<i>Salmonella</i> & <i>Shigella</i>	Medium XLD
26	<i>Staphylococcus aureus</i>	(Mihdhdhir AA. 2009)

Table 2  
Samples information collected from different location of Dir Lower

S#	Village	Tube well water	Open well water	Tap water	Hand pump water	Spring water
1	Ramora	1	1	1	1	1
2	Dara	3	–	1	1	1
3	Gulmuqam	1	1	1	1	–
4	Chakdara	1	1	1	1	2
5	Badwan	1	1	–	2	1
6	Shawa	2	–	1	–	2
7	Tazagram	2	–	1	–	1
8	Kityari	2	–	1	1	1
9	Khanpur	1	–	–	–	2
10	Asbanr	1	1	1	1	2
11	Ouch	1	1	1	2	2
12	Khairabad	2	–	–	–	1
13	Usakai	1	1	1	1	1
14	Talash	1	2	1	2	1
15	Timargara	1	1	1	1	1
16	Rabat	1	–	–	1	2
17	Samarbagh	1	1	1	1	1
18	Maidan	1	1	1	–	2
19	Gulabad	1	1	1	2	–
20	Sarai Bala	1	1	1	1	1
	Total	26	14	16	19	25

### 3.1. Bacteriological analysis

Microbiological or bacteriological analyses were carried out for qualitative determination of pathogenic bacteria in the collected samples. The analysed samples were compared with WHO and PS (dw) (Pakistan Standard for drinking water) standards. The pathogenic bacteria found in the collected samples of tube well water are shown in Table 3.

Table 3 shows that the highest TPC (Total Plate Count) value 780 was noted in the sample collected from Ramora region followed by 645 in the sample of Khairabad Dari while the lowest value 68 was noted in the sample from Maidan area. Coliform bacterial count was found highest (23) in the sample collected from Shawa whereas the least count was recorded somewhat greater than 1.1 in a number of samples. The faecal coliform maximum counts (16) were noted in the samples collected from Ramora, Dara Sharab Kowi and Asbanr. The *E. coli* was recorded positive for 16 samples out of 26, while in case of *S. aureus* the highest value 53 was recorded in the sample collected from Khairabad. *Salmonella* and *Shigella* were positive in 6 and 4 samples out of total 26 samples each. *V. cholera* were not observed in any sample. *Pseudomonas*, *Bacillus* and *Klebsiella* were positive in 7, 3 and 2 samples, respectively.

The bacteriological analyses of open well water samples of selected areas are shown in Table 4. The

highest TPC value 540 was recorded in the sample collected from Chakdara, while the other values were in between 65 to 535. The numbers of Coliform bacteria were found in the range of <1.1–17. *Faecal coliform* was highest (6.9) in the sample collected from Gulmuqam, whereas 4 samples (out of 14 total) showed the least number <1.1. Half of the total samples were positive for *E. coli*, while 8 samples were negative for *Staphylococcus aureus*. The samples of this category were almost free from *Salmonella*, *Shigella*, *V. cholera*, *Pseudomonas*, *Bacillus* and *Klebsiella*.

Table 5 represents the involvement of different bacteria in the collected tap water samples.

The highest value of TPC 640 was recorded in the sample collected from Ouch and the least value 61 was noted for the sample collected from Timargara. The number of coliform bacteria was recorded highest (10) in the sample collected from Sarai Bala whereas the minimum number <1.1 was found in 8 samples out of 16 total collected samples. Six samples were negative for *E. coli* and 13 samples for *S. aureus*. *Shigella* was noted in 5 samples, while *V. cholera* was not detected in any sample. One sample each was recorded positive for *Bacillus* and *Klebsiella* out of 16 total samples.

The bacteria present in hand pump water samples are shown in Table 6. The results indicated that minimum number of TPC 64 was found in the sample

Table 3  
Bacteriological analysis of tube well water collected from different location of District Dir Lower

S#	Sample ID	TPC	Coliform bacteria (MPN/100 ml)	Faecal Coliform	Staphylococcus aureus	E. coli	Salmonella	Shigella	V. cholera	Pseudomonas aeruginosa	Bacillus SPP	Klebsiella
1	Ramora	780	>23	16	35	11	00	00	00	00	00	00
2	Dara Faqirabad	100	>1.1	>1.1	09	00	00	00	00	00	1	00
3	Dara Spinakhawra	210	1.1	>1.1	03	00	00	4	00	00	00	00
4	Dara Sharab Kowi	500	>23	16	47	10	00	00	00	5	00	00
5	Gulmuqam	530	16	5.1	17	8	3	00	00	00	00	00
6	Chakdara	470	9.2	3.6	74	10	00	00	00	00	1	00
7	Badwan	190	<1.1	<1.1	00	00	00	3	00	1	00	00
8	Shawa	248	23	12	00	12	2	00	00	00	00	00
9	Shawa Tandodag	412	16	12	09	9	00	00	00	00	00	00
10	Tazagram	472	3.6	2.2	00	6	1	00	00	00	00	00
11	Tazagram Jango	552	16	6.9	10	9	00	6	00	00	00	00
12	Kityari	148	<1.1	<1.1	00	00	00	00	00	00	00	00
13	Kityari Batan	322	5.1	3.6	47	13	00	00	00	00	1	00
14	Khanpur	195	2.2	<1.1	00	00	00	00	00	3	00	00
15	Asbanr	532	>23	16	12	10	00	00	00	00	00	00
16	Ouch	180	12	<1.1	00	00	00	00	00	2	00	00
17	Khairabad	550	12	5.1	53	5	1	00	00	00	00	00
18	Khairabad Dari	645	2.2	2.2	00	7	00	00	00	00	00	1
19	Usakai	449	9.2	3.6	00	10	00	00	00	00	00	00
20	Talash	90	<1.1	<1.1	00	00	00	00	00	00	00	00
21	Timargara	78	<1.1	<1.1	00	00	00	00	00	00	00	00
22	Rabat	430	2.2	2.2	00	10	00	00	00	1	00	00
23	Samarbagh	230	5.1	3.6	09	10	00	00	00	00	00	00
24	Maidan	68	<1.1	<1.1	00	00	00	00	00	00	00	00
25	Gulabad	168	5.1	<1.1	00	00	1	00	00	00	00	00
26	Sarai Bala	340	12	2.2	12	8	00	2	00	4	00	1

Note: A = absent and TPC = total plate count.

Table 4  
Bacteriological analysis of open well water collected from different areas of Dir Lower

S#	Sample ID	TPC	Coliform bacteria (MPN/100 ml)	Faecal Coliform	Staphylococcus aureus	E. coli	Salmonella	Shigella	V. cholera	Pseudomonas aeruginosa	Bacillus SPP	Klebsiella
1	Ramora	32	<1.1	<1.1	28	1	00	00	00	00	00	00
2	Dara	-	-	-	-	-	-	-	-	-	-	-
3	Gulmuqam	535	17	6.1	18	1	1	00	00	00	00	00
4	Chakdara	540	16	6.9	23	8	00	00	00	00	00	1
5	Badwan	460	12	4.9	00	6	00	00	00	00	00	00
6	Asbanr	453	3.6	3.6	15	3	00	00	00	00	00	00
7	Usakai	510	12	2.2	00	4	00	00	00	00	00	00
8	Talash	250	9.2	3.6	10	6	00	00	00	00	00	00
9	Talash Banda	85	2.2	2.2	00	00	00	00	00	00	00	00
10	Timargara	175	<1.1	<1.1	00	00	00	00	00	00	00	00
11	Samarbagh	90	<1.1	<1.1	00	00	00	00	00	00	00	00
12	Maidan	88	<1.1	<1.1	00	00	00	00	00	00	00	00
13	Gulabad	382	6.9	3.6	00	3	00	00	00	1	00	00
14	Sarai Bala	65	<1.1	<1.1	00	00	00	00	00	00	00	00

Table 5  
Bacteriological analysis of tap water collected from different areas of Dir Lower

S#	Sample ID	TPC	Coliform bacteria (MPN/100 ml)	Faecal Coliform	Staphylococcus aureus	E. coli	Salmonella	Shigella	V. cholera	P. aeruginosa	Bacillus SPP	Klebsiella
1	Ramora	500	>23	3.6	201	1	1	00	00	00	00	00
2	Dara	280	<1.1	<1.1	87	00	00	00	00	00	00	00
3	Gulmuqam	325	16	9.2	18	9	00	00	00	00	00	00
4	Chakdara	200	2.2	<1.1	09	1	00	1	00	00	00	00
5	Shawa	128	9.2	<1.1	00	00	1	1	00	00	00	00
6	Tazagram	142	3.6	<1.1	10	1	00	1	00	00	00	00
7	Kityari	314	12	5.1	31	9	00	1	00	00	00	00
8	Asbanr	209	12	<1.1	08	00	00	00	00	1	1	00
9	Ouch	640	9.2	3.5	15	5	00	00	00	00	00	00
10	Usakai	479	16	6.9	24	3	1	00	00	00	00	00
11	Talash	86	<1.1	<1.1	00	00	00	00	00	00	00	00
12	Timargara	61	<1.1	<1.1	00	00	00	00	00	00	00	00
13	Samarbagh	63	<1.1	<1.1	00	00	00	00	00	00	00	00
14	Maidan	231	5.2	3.4	09	1	00	00	00	00	00	00
15	Gulabad	522	6.9	5.2	12	2	00	00	00	00	00	00
16	Sarai Bala	345	10	2.1	11	1	00	1	00	1	00	1

Table 6  
Bacteriological analysis of hand pump water collected from different areas of Dir Lower

S#	Sample ID	TPC	Coliform bacteria		Staphylococcus		E. coli	Salmonella	Shigella	V. cholera	P. aeruginosa	Bacillus SPP	Klebsiella
			(MPN/100 ml)	Faecal Coliform	Staphylococcus aureus	Coliform							
1	Ramora	230	2.1	<1.1	40	00	00	00	00	1	00	00	00
2	Dara	381	1.1	2.3	62	1	1	1	00	00	00	00	00
3	Gulnuqam	140	<1.1	<1.1	00	00	00	00	00	00	00	00	00
4	Chakdara	530	3.6	2.2	00	1	1	1	00	00	00	00	00
5	Badwan Kuz	770	12	3.6	73	1	1	00	00	00	1	00	00
6	Badwan Bar	463	13	9.4	00	2	00	00	00	00	00	00	00
7	Shawa	128	9.2	<1.1	00	00	1	1	1	00	00	00	00
8	Kityari	475	3.8	2.3	12	1	00	00	00	1	00	00	00
9	Asbanr	468	>23	12	00	5	00	00	00	00	00	00	00
10	Ouch	643	9.3	3.7	17	2	00	00	00	00	00	00	00
11	Usakai	445	9.3	3.8	00	00	00	00	00	00	00	00	00
12	Talash	93	<1.1	<1.1	00	00	00	00	00	00	00	00	00
13	Talash Ziarat	88	<1.1	<1.1	00	00	00	00	00	00	00	00	00
14	Timargara	80	<1.1	<1.1	00	00	00	00	00	00	00	00	00
15	Rabat	432	2.1	2.1	00	1	1	1	00	00	1	00	00
16	Samarbagh	86	<1.1	<1.1	00	00	00	00	00	00	00	00	00
17	Maidan	64	<1.1	<1.1	00	00	00	00	00	00	00	00	00
18	Gulabad	167	5.2	<1.1	00	00	00	1	00	00	00	00	00
19	Gulabad Barorai	384	6.7	5.2	00	3	00	00	00	00	00	00	00
20	Sarai Bala	344	14	2.3	13	1	00	00	00	00	00	00	00

collected from Maidan, while in case of coliform bacteria, <1.1 was recorded in 6 samples out of 20 total collected samples. Maximum number (12) of *Faecal coliform* was found in the sample collected from Asband area, whereas the other values recorded were in the range of <1.1–9.4. Nine samples were recorded negative for *E. coli* presence while 5 samples were found positive for *S. aureus*. *Salmonella* and *Shigella* were positive in 5 and 1 samples, respectively, while 2 samples each were positive for *V. cholera* and *pseudomonas*. All the samples were negative for *Bacillus* and *Klebsiella*.

The contamination of pathogenic bacteria in spring water samples are shown in Table 7. TPC value was 648 in the sample collected from Khairabad Dari followed by 555 in sample collected from Tazagram Jango while the minimum value of TPC 66 was determined in the samples collected from Maidan. The *faecal coliform* was in range of >1.1–18. *E. coli* was absent in 9 samples out of 25 total collected samples, while the highest number of *S. aureus* 72 was recorded in the sample collected from Chakdara. *Salmonella* was present in 5 samples and the remaining 20 samples were found free from *Salmonella*. *Shigella* was present in 3 samples, whereas *V. cholera* was found in 1 sample. *Pseudomonas* was present in 3 samples while *Klebsiella* only in 1 sample.

Faecally polluted water is the cause of many infectious diseases. Enteric pathogens such as bacteria, viruses and parasites are the agents causing waterborne diseases. The spread of these waterborne infectious diseases by pathogens depends on several important factors such as the growth boosting environment, the effective concentration level of these microorganisms for a particular infection, quality of drinking water with respect to microbiological contamination and physicochemical parameters, the presence or absence of water treatment facilities and climatic conditions of the environment of the area [9,10].

### 3.2. Heavy metal analysis of water samples

The heavy metal contamination in tube well water samples are shown in Table 8. The maximum concentration of Cr 88 mg/l was noted in the sample collected from Dara Sharab Kowi while the minimum value 12 mg/l was recorded in the sample collected from Shawa. The concentration of Ni 198 mg/l was found the highest followed 192 mg/l in the samples collected from Dara Spinakhawra and Dara Faqirabad, respectively, while the lowest concentration of Ni 11 mg/l was recorded in the samples collected from Shawa. The concentration of Fe was in the range of

18–119 mg/l. In 11 samples, the Pb concentrations were beyond the WHO acceptable values.

Heavy metal contaminations in open well samples are shown in Table 9. The concentration of Cr was noted high; 85 mg/l in the sample collected from Chakdara followed by 81 mg/l in the sample from Badwan region. The minimum value of Cr 12 mg/l was recorded in the sample from Usakai area. The values of Ni were found above the limit of WHO (15 mg/l) in 12 samples out of 14 total collected samples. Fe concentration maximum value was 117 mg/l in the sample collected from Asbanr region. The highest concentration of Pb 15 mg/l was found in the sample from Chakdara while 7 mg/l in the sample collected from Ramora.

Table 10 shows the heavy metal concentrations in tap water. The highest concentration of Cr was 86 mg/l in water samples collected from Chakdara region followed by 81 mg/l in the sample collected from Shawa. The minimum concentration of Cr 11 mg/l was noted in the sample collected from Asbanr. Highest Ni concentration was 198 mg/l in the sample of Gulmuqam, whereas Fe concentration was 18 mg/l in the sample collected from Ramora. The highest value of Pb 18 mg/l was recorded in the sample of Kityari while in other samples, its concentrations were in range of 5–14 mg/l.

The concentrations of heavy metals in hand pump water samples are shown in Table 11. The highest concentration of Cr noted was 89 mg/l in the sample of Chakdara region while in 2 samples collected from Kityari and Shawa (15 and 17 mg/l respectively), the Cr concentration was below the WHO standard value. The highest Ni concentration 198 mg/l was noted in the sample collected from Gulmuqam while 15 mg/l was the minimum value determined in the sample collected from Kityari region. The maximum value 120 mg/l of Fe was noted in the sample from Badwan Bar, whereas in 2 samples Fe contents were within the WHO acceptable value. Maximum concentration of Pb (15 mg/l) was found in the sample collected from Talash Ziarat while in the samples collected from Talash and Usakai, Pb contents were 14 and 13 mg/l, respectively.

The spring water heavy metals analyses are shown in Table 12. The highest concentration of Cr was 83 and 81 mg/l in the samples collected from Dara Sharab Kowi and Gulmuqam, respectively. Minimum concentration of Ni 10 mg/l was observed in the sample from Dara Sharab Kowi. The highest Fe content (113 mg/l) was noted in the sample collected from Chakdara while minimum 17 mg/l was recorded in the sample collected from Ramora region. The

Table 7  
Bacteriological analysis of spring water collected from different areas of Dir Lower

S#	Sample ID	TPC	Coliform bacteria (MPN/100 ml)	Faecal Coliform	Staphylococcus aureus	E. coli	Salmonella	Shigella	V. cholera	P. aeruginosa	Bacillus	
											SPP	Klebsiella
1	Ramora	234	2.3	<1.1	42	00	00	00	1	00	00	00
2	Dara Faqirabad	102	>1.1	>1.1	08	00	00	00	00	00	1	00
3	Dara Spinakhawra	209	1.1	>1.1	02	00	00	1	00	00	00	00
4	Dara Sharab Kowi	503	>23	18	48	11	00	00	00	2	00	00
5	Gulmuqam	533	17	5.2	16	9	3	00	00	00	00	00
6	Chakdara	468	9.3	3.8	72	2	00	00	00	00	1	00
7	Badwan	188	<1.1	<1.1	00	00	00	1	00	1	00	00
8	Shawa	249	24	14	00	8	3	00	00	00	00	00
9	Shawa Tandodag	414	15	14	09	11	00	00	00	00	00	00
10	Tazagram	474	3.5	2.3	00	1	1	00	00	00	00	00
11	Tazagram Jango	555	17	7.1	10	3	00	1	00	00	00	00
12	Kityari	147	<1.1	<1.1	00	00	00	00	00	00	00	00
13	Kityari Batan	325	5.2	3.7	48	1	00	00	00	00	2	00
14	Khanpur	197	2.3	<1.1	04	00	00	00	00	1	00	00
15	Asbanr	534	>23	16	14	7	00	00	00	00	00	00
16	Ouch	175	14	<1.1	02	0	00	00	00	1	00	00
17	Khairabad	548	10	5.2	54	2	1	00	00	00	00	00
18	Khairabad Dari	648	2.5	2.4	00	1	00	00	00	00	00	1
19	Usakai	444	9.4	3.5	00	5	00	00	00	00	00	00
20	Talash	95	<1.1	<1.1	00	00	00	00	00	00	00	00
21	Timargara	75	<1.1	<1.1	00	00	00	00	00	00	00	00
22	Rabat	436	2.3	2.3	00	1	1	00	00	1	00	00
23	Samarbagh	234	5.0	3.8	09	2	00	00	00	00	00	00
24	Maidan	66	<1.1	<1.1	00	00	00	00	00	00	00	00
25	Sarai Bala	164	5.2	<1.1	00	00	1	00	00	00	00	00



Table 8

Heavy metals analysis of tube well water samples collected from different areas of Dir Lower

S#	Sample ID	Cr: mg/l (WHO Standard: 25 mg/l)	Ni: mg/l (WHO Standard: 15 mg/l)	Fe: mg/l (WHO Standard: 35 mg/l)	Pb: mg/l (WHO Standard: 10 mg/l)
1	Ramora	63	52	18	07
2	Dara Faqirabad	62	192	48	11
3	Dara Spinakhawra	54	198	43	13
4	Dara Sharab Kowi	88	13	54	15
5	Gulmuqam	82	19	55	05
6	Chakdara	55	22	119	10
7	Badwan	15	27	55	19
8	Shawa	12	11	68	07
9	Shawa Tandodag	63	55	66	08
10	Tazagram	60	57	50	09
11	Tazagram Jango	44	60	30	11
12	Kityari	45	70	35	13
13	Kityari Batan	30	50	40	14
14	Khanpur	35	110	45	06
15	Asbanr	40	112	70	07
16	Ouch	43	98	50	06
17	Khairabad	42	95	24	05
18	Khairabad Dari	42	76	40	09
19	Usakai	45	120	41	11
20	Talash	39	130	60	12
21	Timargara	28	112	25	11
22	Rabat	20	50	20	09
23	Samarbagh	19	65	70	06
24	Maidan	18	70	80	08
25	Gulabad	30	55	65	04
26	Sarai Bala	35	51	30	12

Table 9

Heavy metals analysis of open well water samples collected from different areas of Dir Lower

S#	Sample ID	Cr: mg/l (WHO Standard: 25 mg/l)	Ni: mg/l (WHO Standard: 15 mg/l)	Fe: mg/l (WHO Standard: 35 mg/l)	Pb: mg/l (WHO Standard: 10 mg/l)
1	Ramora	61	55	19	07
2	Dara	65	195	44	12
3	Gulmuqam	55	196	44	13
4	Chakdara	85	13	56	15
5	Badwan	81	20	57	06
6	Asbanr	56	22	117	10
7	Usakai	12	28	57	18
8	Talash	15	11	69	08
9	Talash Banda	65	56	68	09
10	Timargara	62	58	50	10
11	Samarbagh	46	64	35	12
12	Maidan	49	71	35	14
13	Gulabad	31	59	39	14
14	Sarai Bala	34	125	38	09

concentration of Pb was maximum (17 mg/l) in the sample collected from Badwan, whereas the other values were in the range of 3–12 mg/l.

Pakistan was badly affected by the heavy flood of 2010, which significantly deteriorated water quality. The increasing contamination of drinking water is a

Table 10  
Heavy metal analysis tap water samples collected from different areas of Dir Lower

S#	Sample ID	Cr: mg/l (WHO Standard: 25 mg/l)	Ni: mg/l (WHO Standard: 15 mg/l)	Fe: mg/l (WHO Standard: 35 mg/l)	Pb: mg/l (WHO Standard: 10 mg/l)
1	Ramora	66	54	18	07
2	Dara	65	195	48	15
3	Gulmuqam	56	198	45	12
4	Chakdara	86	12	52	14
5	Shawa	81	19	52	06
6	Tazagram	53	21	116	08
7	Kityari	13	26	56	18
8	Asbanr	11	11	66	06
9	Ouch	61	54	64	07
10	Usakai	59	56	50	08
11	Talash	42	58	30	10
12	Timargara	44	66	34	13
13	Samarbagh	30	40	39	12
14	Maidan	33	108	45	05
15	Gulabad	38	111	70	06
16	Sarai Bala	42	96	50	05

Table 11  
Heavy metals analysis of hand pump water samples collected from different areas of Dir Lower

S#	Sample ID	Cr: mg/l (WHO Standard: 25 mg/l)	Ni: mg/l (WHO Standard: 15 mg/l)	Fe: mg/l (WHO Standard: 35 mg/l)	Pb: mg/l (WHO Standard: 10 mg/l)
1	Ramora	60	49	19	07
2	Dara	65	193	49	12
3	Gulmuqam	55	198	45	13
4	Chakdara	89	15	57	15
5	Badwan Kuz	86	23	55	07
6	Badwan Bar	58	22	120	10
7	Shawa	17	29	58	19
8	Kityari	15	15	69	09
9	Asbanr	66	56	68	08
10	Ouch	63	59	53	10
11	Usakai	46	60	36	13
12	Talash	45	74	37	14
13	Talash Ziarat	34	54	42	15
14	Timargara	44	111	46	07
15	Rabat	44	116	73	08
16	Samarbagh	46	99	53	06
17	Maidan	44	98	28	08
18	Gulabad	46	78	47	09
19	Gulabad Barorai	49	121	45	12

matter of great concern. The high concentration of the heavy metals can cause acute or chronic disorders. The major sink for heavy metals is soil from where these enter into food chain through leaching into groundwater. The toxicity of heavy metals causes brain damage, thus reducing the efficiency of central nervous system. Alterations in DNA have also been reported [11–13].

### 3.3. Nutritional metal analysis of water samples

The nutritional metals present in tube well water samples are shown in Table 13. The Na concentration was 365 mg/l (maximum) in the sample collected from Dara Sharab Kowi. K concentration was 70 mg/l (minimum) in the sample from Gulabad region. The

Table 12

Heavy metals analysis spring water samples collected from different areas of Dir Lower

S#	Sample ID	Cr: mg/l (WHO Standard: 25 mg/l)	Ni: mg/l (WHO Standard: 15 mg/l)	Fe: mg/l (WHO Standard: 35 mg/l)	Pb: mg/l (WHO Standard: 10 mg/l)
1	Ramora	59	50	17	07
2	Dara Faqirabad	62	190	47	10
3	Dara Spinakhawra	53	196	43	12
4	Dara Sharab Kowi	83	10	50	10
5	Gulmuqam	81	16	51	04
6	Chakdara	50	21	113	10
7	Badwan	15	24	51	17
8	Shawa	12	10	65	05
9	Shawa Tandodag	60	52	61	06
10	Tazagram	58	55	49	09
11	Tazagram Jango	41	56	27	11
12	Kityari	42	66	35	12
13	Kityari Batan	28	50	37	12
14	Khanpur	33	109	45	05
15	Asbanr	40	111	66	07
16	Ouch	40	90	50	04
17	Khairabad	40	90	22	03
18	Khairabad Dari	40	73	40	07
19	Usakai	41	114	40	09
20	Talash	37	125	55	12
21	Timargara	25	110	24	11
22	Rabat	19	56	18	08
23	Samarbagh	16	63	67	03
24	Maidan	15	64	77	06
25	Sarai Bala	29	52	64	03

highest concentration of Ca (345 mg/l) was observed in the sample collected from Dara Sharab Kowi followed by 321 mg/l in the sample collected from Dara Spinakhawra region. The lowest concentration of Mg (21 mg/l) was observed in the sample from Dara Faqirabad area, while in other samples Mg contents were in the range of 70–245 mg/l.

The concentrations of nutritional metals in open well samples are given in Table 14. The highest Na concentration was 334 mg/l in the water sample from Chakdara region followed by 300 mg/l in the sample from Sarai Bala. In the remaining samples, Na contents were in the range of 128–250 mg/l. Potassium concentration was 155 mg/l (maximum) in the sample collected from Asbanr. The highest content of Mg was 242 mg/l in the sample collected from Gulmuqam and the least 20 mg/l was found in the sample from Dara region.

Table 15 represents the nutritional metal concentrations in the collected tap water samples. The concentration of Na was 362 mg/l (maximum) in the sample collected from Chakdara while highest K content was 146 mg/l in the sample collected from Tazagram. The

concentrations of Ca in all samples were within the WHO acceptable range. The highest values were 250 mg/l in the samples collected from Gulmuqam and Chakdara regions. The maximum concentration of Mg was 243 mg/l in the sample collected from Gulmuqam, whereas the other values were in between 21 and 224 mg/l.

The concentrations of beneficial minerals in the hand pump water samples are shown in Table 16. The highest content of Na was 368 mg/l in the sample collected from Chakdara, whereas the highest K concentration was 147 mg/l in the sample collected from Badwan Kuz. The lowest concentration of Ca was 56 mg/l in the sample collected from Badwan Bar and the Mg was 20 mg/l (minimum) in the sample collected from Dara.

Table 17 shows the concentration of some inorganic minerals in spring water samples. The highest Na concentration was 364 mg/l in the sample collected from Dara Sharab Kowi followed by 256 mg/l in the sample collected from Gulmuqam. The lowest concentration of K was 23 mg/l in the sample collected from Badwan. Highest Ca concentration was

Table 13  
Analysis of Na, K, Ca and Mg in tube well water samples collected from different areas of Dir Lower

S#	Sample ID	Na: mg/l (WHO Standard: 200 mg/l)	K: mg/l (WHO Standard: 75 mg/l)	Ca mg/l (WHO Standard: 250 mg/l)	Mg: mg/l (WHO Standard: 150 mg/l)
1	Ramora	210	80	248	180
2	Dara Faqirabad	205	78	227	20
3	Dara Spinakhawra	120	92	321	244
4	Dara Sharab Kowi	365	120	345	121
5	Gulmuqam	251	146	98	93
6	Chakdara	208	148	56	36
7	Badwan	137	23	241	132
8	Shawa	123	103	197	139
9	Shawa Tandodag	124	102	150	130
10	Tazagram	134	104	151	120
11	Tazagram Jango	140	100	148	111
12	Kityari	150	98	100	66
13	Kityari Batan	151	95	78	70
14	Khanpur	140	98	80	100
15	Asbanr	141	100	87	134
16	Ouch	200	112	200	212
17	Khairabad	180	110	211	244
18	Khairabad Dari	170	80	200	240
19	Usakai	160	106	222	200
20	Talash	209	110	250	212
21	Timargara	250	120	290	213
22	Rabat	200	99	240	116
23	Samarbagh	250	100	320	208
24	Maidan	180	111	300	209
25	Gulabad	215	70	321	117
26	Sarai Bala	280	113	311	120

344 mg/l in the samples of water collected from Dara Sharab Kowi, while the other values were in between 85 and 320 mg/l. The Mg level was higher than that of WHO acceptable value (150 mg/l) in 11 samples with maximum value of 244 mg/l in the sample collected from Khair Abad.

### 3.4. Physicochemical parameters of collected water samples

The physicochemical parameters of tube well water samples are shown in Table 18. The highest concentration of nitrate was 6.9 mg/l in the sample collected from Khanpur followed by 6.8 mg/l in the sample collected from Kityari and Kityari Batan. The concentration of sulphate was 20 mg/l (maximum) in the samples collected from Kityari Batan and Kityari, whereas the minimum value observed was 1 mg/l in the sample collected from Faqirabad. Fluoride content (0.44 mg/l) was high in the sample collected from Timargara and the least concentration was 0.10 mg/l in sample collected from Tazagram. The maximum

concentration of Cl was 99.1 mg/l in the sample collected from Maidan followed by 95.0 mg/l in the sample collected from Samarbagh, while in other samples the Cl contents were in the range of 90.2–7.1 mg/l.

The physicochemical parameters of the open well water samples are shown in Table 19. The concentration of nitrate was 6.9 mg/l (maximum) in the sample collected from Sarai Bala followed by 6.8 mg/l in the samples collected from Maidan and Gulabad. The highest concentration of sulphate was 21 mg/l in the samples collected from Maidan and Gulabad whereas in sample collected from Dara its concentration was 1 mg/l. Maximum fluoride contents were 0.41 mg/l in the sample collected from Gulmuqam and Chakdara while the least value 0.10 mg/l were observed in samples collected from Talash Banda and Timargara. The concentration of Cl was 23.3 mg/l (maximum) in the sample collected from Asbanr followed by 21.4 mg/l in the sample collected from Badwan, while in other samples the Cl concentrations were in the range of 13.5–7.1 mg/l.

Table 14

Analysis of Na, K, Ca and Mg in open well water samples collected from different areas of Dir Lower

S#	Sample ID	Na: mg/l (WHO Standard: 200 mg/l)	K: mg/l (WHO Standard: 75 mg/l)	Ca: mg/l (WHO Standard: 250 mg/l)	Mg: mg/l (WHO Standard: 150 mg/l)
1	Ramora	212	90	250	177
2	Dara	208	80	225	20
3	Gulmuqam	124	96	317	242
4	Chakdara	334	126	340	120
5	Badwan	255	149	97	90
6	Asbanr	210	155	55	34
7	Usakai	139	29	239	131
8	Talash	128	109	193	133
9	Talash Banda	135	100	167	140
10	Timargara	200	68	312	189
11	Samarbagh	240	70	300	200
12	Maidan	241	90	278	170
13	Gulabad	250	98	213	123
14	Sarai Bala	300	112	113	140

Table 15

Analysis of Na, K, Ca and Mg in tap water samples collected from different areas of Dir Lower

S#	Sample ID	Na: mg/l (WHO Standard: 200 mg/l)	K: mg/l (WHO Standard: 75 mg/l)	Ca: mg/l (WHO Standard: 250 mg/l)	Mg: mg/l (WHO Standard: 150 mg/l)
1	Ramora	214	81	249	177
2	Dara	208	79	229	21
3	Gulmuqam	113	90	320	243
4	Chakdara	362	124	347	120
5	Shawa	250	144	96	90
6	Tazagram	200	146	55	33
7	Kityari	136	20	245	131
8	Asbanr	122	102	195	136
9	Ouch	234	80	200	213
10	Usakai	200	90	211	200
11	Talash	280	100	230	220
12	Timargara	300	123	231	224
13	Samarbagh	311	111	250	180
14	Maidan	310	130	245	160
15	Gulabad	223	134	200	170
16	Sarai Bala	243	140	260	165

Physicochemical parameters of tap water samples are listed in Table 20. The concentration of nitrate was 6.8 mg/l (maximum) in the sample collected from Samarbagh and Maidan followed by 6.2 mg/l in the sample collected from Gulabad. The highest concentration of sulphate was 21 mg/l in the samples collected from Samarbagh, whereas the least content, 1.1 mg/l was observed in the sample collected from Dara. Fluoride contents were 0.41 mg/l (highest) in the samples collected from Gulmuqam and Chakdara, while the least values observed were 0.10 mg/l in the

samples collected from Talash, Ouch and Usakai. The highest concentration of Cl was 23.1 mg/l in the sample collected from Sarai Bala followed by 23.1 mg/l in the sample collected from Tazagram while in other samples the Cl concentrations were in the range of 21.1–7.12 mg/l.

The physicochemical parameters of hand pump water samples are given Table 21. The highest concentrations of nitrate were 6.9 mg/l in the sample collected from Talash, Ziarat and Timargara followed by 6.2 mg/l in the sample collected from Rabat and

Table 16

Analysis of Na, K, Ca and Mg in hand pump water samples collected from different areas of Dir Lower

S#	Sample ID	Na: mg/l (WHO Standard: 200 mg/l)	K: mg/l (WHO Standard: 75 mg/l)	Ca: mg/l (WHO Standard: 250 mg/l)	Mg: mg/l (WHO Standard: 150 mg/l)
1	Ramora	211	86	230	183
2	Dara	209	79	229	20
3	Gulmuqam	118	98	320	242
4	Chakdara	368	127	341	126
5	Badwan Kuz	263	147	99	98
6	Badwan Bar	210	146	56	39
7	Shawa	136	20	240	123
8	Kityari	128	103	199	131
9	Asbanr	124	102	150	130
10	Ouch	134	104	151	120
11	Usakai	150	106	212	100
12	Talash	160	125	236	80
13	Talash Ziarat	167	126	238	83
14	Timargara	260	130	300	216
15	Rabat	200	127	230	150
16	Samarbagh	230	134	290	209
17	Maidan	231	130	260	210
18	Gulabad	180	134	201	176
19	Gulabad Barorai	170	120	170	170

Table 17

Analysis of Na, K, Ca and Mg in spring water samples collected from different areas of Dir Lower

S#	Sample ID	Na: mg/l (WHO Standard: 200 mg/l)	K: mg/l (WHO Standard: 75 mg/l)	Ca: mg/l (WHO Standard: 250 mg/l)	Mg: mg/l (WHO Standard: 150 mg/l)
1	Ramora	211	84	251	186
2	Dara Faqirabad	207	79	229	20
3	Dara Spinakhawra	120	97	320	243
4	Dara Sharab Kowi	364	127	344	125
5	Gulmuqam	256	146	99	99
6	Chakdara	209	147	55	39
7	Badwan	138	23	245	134
8	Shawa	125	105	198	143
9	Shawa Tandodag	122	107	158	137
10	Tazagram	135	108	156	128
11	Tazagram Jango	145	105	153	115
12	Kityari	151	99	109	69
13	Kityari Batan	153	98	79	78
14	Khanpur	143	100	85	107
15	Asbanr	146	103	86	135
16	Ouch	209	115	207	215
17	Khairabad	185	116	216	244
18	Khairabad Dari	173	87	201	240
19	Usakai	163	109	225	204
20	Talash	210	111	253	215
21	Timargara	251	123	295	217
22	Rabat	208	102	245	119
23	Samarbagh	252	105	323	210
24	Maidan	184	113	303	210
25	Sarai Bala	219	75	325	119

Table 18  
Physicochemical parameters of tube well water samples collected from different areas of Dir Lower

S#	Sample ID	PH	EC ( $\mu\text{S}/\text{ml}$ )	TDS (mg/l)		Turbidity (NTU) PS		Alkalinity	Hardness (mg/l) PS		$\text{NO}_3^-$ (mg/l) PS	$\text{SO}_4^{2-}$ (mg/l) PS	$\text{F}^-$ (mg/l)		$\text{Cl}^-$ (mg/l)	
				PS (dw)	Standard:	(dw)	Standard:		PS (dw)	Standard:			PS (dw)	Standard:	PS (dw)	Standard:
1	Ramora	7.40	486	446	1.3	6.5	175	1.3	11.0	0.14	10.4	0.14	10.4	0.14	10.4	
2	Dara Faqirabad	7.36	480	408	0.00	5.8	180	1.4	1.0	0.15	10.6	0.15	10.6	0.15	10.6	
3	Dara Spinakhawra	7.42	480	370	0.50	5.8	334	4.6	14	0.42	11.2	0.42	11.2	0.42	11.2	
4	Dara Sharab Kowi	7.2	450	350	0.40	5.8	330	4.6	14	0.41	11.7	0.41	11.7	0.41	11.7	
5	Gulmuqam	7.2	642	360	0.00	6.0	330	0.4	8.0	0.31	21.2	0.31	21.2	0.31	21.2	
6	Chakdara	7.3	645	317	0.00	6.0	230	0.4	8.0	0.20	23.2	0.20	23.2	0.20	23.2	
7	Badwan	7.4	780	400	0.40	4.6	240	1.5	8.3	0.22	11.2	0.22	11.2	0.22	11.2	
8	Shawa	7.3	780	416	0.70	4.6	250	0.3	11.1	0.23	13.6	0.23	13.6	0.23	13.6	
9	Shawa Tandodag	7.4	814	445	0.80	6.0	250	0.3	11.3	0.10	7.12	0.10	7.12	0.10	7.12	
10	Tazagram	7.4	835	434	0.80	6.0	250	1.2	19	0.10	7.12	0.10	7.12	0.10	7.12	
11	Tazagram Jango	7.4	834	447	0.00	5.4	260	1.2	19	0.11	7.3	0.11	7.3	0.11	7.3	
12	Kityari	7.4	684	432	0.00	5.4	260	6.8	20	0.13	8.1	0.13	8.1	0.13	8.1	
13	Kityari Batan	7.4	684	431	0.00	6.4	270	6.8	20	0.14	8.1	0.14	8.1	0.14	8.1	
14	Khanpur	7.3	620	421	0.80	6.4	270	6.9	4.6	0.14	7.1	0.14	7.1	0.14	7.1	
15	Asbanr	7.3	630	432	0.30	6.4	190	6.1	5.0	0.15	11.0	0.15	11.0	0.15	11.0	
16	Ouch	7.1	813	480	0.30	4	180	6.1	4.6	0.15	30.2	0.15	30.2	0.15	30.2	
17	Khairabad	7.2	640	470	0.00	4	250	6.2	1.3	0.12	22.1	0.12	22.1	0.12	22.1	
18	Khairabad Dari	7.2	640	470	0.00	5	250	5.0	1.3	0.22	23.1	0.22	23.1	0.22	23.1	
19	Usakai	7.3	820	436	0.00	5	270	0.9	9.2	0.12	50.1	0.12	50.1	0.12	50.1	
20	Talash	7.4	820	380	0.70	5.8	270	0.9	9.1	0.16	45.0	0.16	45.0	0.16	45.0	
21	Timargara	7.5	810	450	0.80	5.8	290	0.3	11.3	0.44	90.2	0.44	90.2	0.44	90.2	
22	Rabat	7.4	811	337	0.00	5.0	260	0.4	10	0.11	70.3	0.11	70.3	0.11	70.3	
23	Samarbagh	7.4	1,021	360	0.70	5.0	320	1.2	6.3	0.13	95.0	0.13	95.0	0.13	95.0	
24	Maidan	7.3	686	364	0.80	5.0	320	1.2	6.5	0.14	99.1	0.14	99.1	0.14	99.1	
25	Gulabad	7.3	687	337	0.00	4.0	300	0.9	3.4	0.20	23.2	0.20	23.2	0.20	23.2	
26	Sarai Bala	7.3	340	336	0.00	4.1	312	0.9	3.5	0.22	21.2	0.22	21.2	0.22	21.2	

Table 19  
Evaluation of physical parameters of the open well water of different areas of District Dir Lower

S#	Sample ID	PH	EC ( $\mu\text{S}/\text{ml}$ )	TDS (mg/l)		Turbidity (NTU) PS		Alkalinity	Hardness (mg/l) PS		$\text{NO}_3^-$ (mg/l)		$\text{SO}_4^{2-}$ (mg/l)		$\text{F}^-$ (mg/l)		$\text{Cl}^-$ (mg/l)	
				PS (dw)	Standard: 1,000–1,500	(dw)	Standard: 1		(dw)	Standard: 20–500	PS (dw)	Standard: 45	PS (dw)	Standard: 200–400	PS (dw)	Standard: 1.5	PS (dw)	Standard: 200–600
1	Ramora	7.40	487	445	1.2	6.6	175	11.0	1.2	1.5	10.5	0.15	10.5	0.15	10.5			
2	Dara	7.3	482	409	0.00	5.9	181	1.0	1.5	10.7	0.16	10.7	0.16	10.7	0.16			
3	Gulmuqam	7.4	481	375	0.50	5.8	337	15	4.5	11.4	0.41	11.4	0.41	11.4	0.41			
4	Chakdara	7.2	452	355	0.40	5.8	333	15	4.5	11.8	0.41	11.8	0.41	11.8	0.41			
5	Badwan	7.2	643	363	0.00	6.1	331	8.4	0.4	21.4	0.31	21.4	0.31	21.4	0.31			
6	Asbanr	7.2	645	318	0.00	6.1	230	8.4	0.4	23.3	0.21	23.3	0.21	23.3	0.21			
7	Usakai	7.5	784	401	0.41	4.8	243	8.5	1.6	11.4	0.23	11.4	0.23	11.4	0.23			
8	Talash	7.2	786	418	0.72	4.8	254	11.31	0.4	13.5	0.24	13.5	0.24	13.5	0.24			
9	Talash Banda	7.3	817	447	0.80	6.3	254	11.2	0.4	7.13	0.10	7.13	0.10	7.13	0.10			
10	Timargara	7.5	836	436	0.80	6.3	256	20	1.3	7.12	0.10	7.12	0.10	7.12	0.10			
11	Samarbagh	7.4	837	448	0.00	5.5	266	19	1.3	7.3	0.12	7.3	0.12	7.3	0.12			
12	Maidan	7.4	685	432	0.00	5.5	265	21	6.8	8.2	0.13	8.2	0.13	8.2	0.13			
13	Gulabad	7.3	687	434	0.00	6.6	274	21	6.8	8.2	0.15	8.2	0.15	8.2	0.15			
14	Sarai Bala	7.3	689	442	0.00	6.0	263	11.1	6.9	7.3	0.13	7.3	0.13	7.3	0.13			

Table 20  
Evaluation of physical parameters of the tap water of different areas of District Dir Lower

S#	Sample ID	PH	EC ( $\mu\text{S}/\text{ml}$ )	TDS (mg/l)		Turbidity (NTU)		Alkalinity	Hardness (mg/l) PS		$\text{NO}_3^-$ (mg/l)		$\text{SO}_4^{2-}$ (mg/l)		$\text{F}^-$ (mg/l)		$\text{Cl}^-$ (mg/l)	
				PS (dw)	Standard: 1,000–1,500	(dw)	Standard: 1		(dw)	Standard: 20–500	PS (dw)	Standard: 45	PS (dw)	Standard: 200–400	PS (dw)	Standard: 1.5	PS (dw)	Standard: 200–600
1	Ramora	7.31	482	444	1.2	6.4	173	11.0	1.2	1.4	10.3	0.14	10.3	0.14	10.3			
2	Dara	7.35	480	404	0.00	5.8	180	1.1	1.4	10.5	0.16	10.5	0.16	10.5	0.16			
3	Gulmuqam	7.41	476	366	0.50	5.8	331	14	4.6	11.1	0.41	11.1	0.41	11.1	0.41			
4	Chakdara	7.1	446	349	0.40	5.8	329	15	4.6	11.4	0.41	11.4	0.41	11.4	0.41			
5	Shawa	7.2	641	359	0.00	6.1	330	8.0	0.3	21.1	0.30	21.1	0.30	21.1	0.30			
6	Tazagram	7.3	643	316	0.00	6.0	228	8.0	0.3	23.1	0.19	23.1	0.19	23.1	0.19			
7	Kityari	7.2	780	390	0.39	4.4	238	8.1	1.6	11.1	0.21	11.1	0.21	11.1	0.21			
8	Asbanr	7.1	778	414	0.66	4.4	250	11.1	0.4	13.3	0.22	13.3	0.22	13.3	0.22			
9	Ouch	7.4	812	443	0.80	6.1	249	11.1	0.4	7.12	0.10	7.12	0.10	7.12	0.10			
10	Usakai	7.4	834	431	0.80	6.1	250	18	1.1	7.12	0.10	7.12	0.10	7.12	0.10			
11	Talash	7.5	832	443	0.00	5.3	259	18	1.2	7.2	0.10	7.2	0.10	7.2	0.10			
12	Timargara	7.4	682	431	0.00	5.2	260	20	6.0	8.0	0.12	8.0	0.12	8.0	0.12			
13	Samarbagh	7.5	683	431	0.00	6.2	266	21	6.8	8.0	0.13	8.0	0.13	8.0	0.13			
14	Maidan	7.2	619	421	0.80	6.2	266	4.6	6.8	7.1	0.12	7.1	0.12	7.1	0.12			
15	Gulabad	7.2	632	434	0.21	6.2	190	5.0	6.2	11.0	0.14	11.0	0.14	11.0	0.14			
16	Sarai Bala	7.1	812	478	0.30	4.1	180	4.7	6.0	30.1	0.14	30.1	0.14	30.1	0.14			



Table 21  
Evaluation of physical parameters of the hand pump water of different areas of District Dir Lower

S#	Sample ID	PH	EC ( $\mu\text{S}/\text{ml}$ )	TDS (mg/l)		Turbidity (NTU) PS (dw)		Alkalinity	Hardness (mg/l) PS (dw)		$\text{NO}_3^-$ (mg/l) PS (dw)		$\text{SO}_4^{2-}$ (mg/l) PS (dw)		$\text{F}^-$ (mg/l) PS (dw)		$\text{Cl}^-$ (mg/l) PS (dw)	
				Standard: 1,000–1,500	PS (dw)	Standard: 1	PS (dw)		Standard: 20–500	PS (dw)	Standard: 45	PS (dw)	Standard: 200–400	PS (dw)	Standard: 1.5	PS (dw)	Standard: 200–600	
1	Ramora	7.4	488	447	1.5	6.6	176	1.4	11.0	0.14	10.5							
2	Dara	7.3	483	409	0.00	5.9	182	1.4	1.0	0.16	10.7							
3	Gulmuqam	7.4	480	376	0.50	5.8	334	4.4	14	0.42	11.5							
4	Chakdara	7.2	450	350	0.41	5.8	330	4.7	14	0.44	11.8							
5	Badwan Kuz	7.1	646	363	0.00	6.1	333	0.5	8.3	0.31	21.5							
6	Badwan Bar	7.2	647	318	0.00	6.0	230	0.3	8.0	0.21	23.4							
7	Shawa	7.2	782	408	0.41	4.7	245	1.6	8.4	0.24	11.2							
8	Kityari	7.3	780	418	0.70	4.8	253	0.4	11.1	0.24	13.5							
9	Asbanr	7.6	815	447	0.80	6.1	252	0.4	11.3	0.14	7.13							
10	Ouch	7.4	836	438	0.80	6.2	253	1.5	19	0.14	7.12							
11	Usakai	7.5	835	448	0.00	5.4	263	1.4	20	0.11	7.1							
12	Talash	7.4	684	432	0.00	5.4	262	6.9	20	0.13	8.1							
13	Talash Ziarat	7.4	685	434	0.00	6.5	274	6.9	21	0.16	8.1							
14	Timargara	7.6	625	421	0.80	6.4	275	6.9	4.7	0.14	7.3							
15	Rabat	7.3	631	434	0.32	6.6	195	6.2	5.0	0.16	11.2							
16	Samarbagh	7.5	814	482	0.33	4.0	183	6.1	4.7	0.15	30.4							
17	Maidan	7.2	643	476	0.00	4.5	253	6.2	1.4	0.12	22.3							
18	Gulabad	7.2	645	476	0.00	5.4	253	5.1	1.3	0.24	23.2							
19	Barorai	7.3	823	437	0.00	5.4	272	0.8	9.5	0.13	50.5							

Table 22  
Evaluation of physical parameters of spring water sample collected from different areas of District Dir Lower

S#	Sample ID	PH	EC ( $\mu\text{S}/\text{ml}$ )	TDS (mg/l)		Turbidity (NTU)		Alkalinity	Hardness (mg/l) PS (dw) Standard: 20–500	$\text{NO}_3^-$ (mg/l) PS (dw) Standard: 45	$\text{SO}_4^{2-}$ (mg/l) PS (dw) Standard: 200–400	$\text{F}^-$ (mg/l) PS (dw) Standard: 1.5	$\text{Cl}^-$ (mg/l) PS (dw) Standard: 200–600
				PS (dw)	Standard: 1,000–1,500	PS (dw)	Standard: 1 NTU						
1	Ramora	7.40	485	445	1.2	6.5	177	1.2	11.0	0.14	10.1		
2	Dara Faqirabad	7.36	480	408	0.00	5.7	180	1.4	1.0	0.15	10.6		
3	Spinakhawra Dara	7.41	481	370	0.50	5.7	331	4.6	14	0.40	11.2		
4	Dara Sharab Kowi	7.3	451	350	0.40	5.7	330	4.6	12	0.40	11.8		
5	Gulmuqam	7.2	644	361	0.00	6.0	330	0.4	8.0	0.30	21.2		
6	Chakdara	7.3	642	314	0.00	6.0	225	0.3	8.0	0.20	23.1		
7	Badwan	7.5	779	400	0.39	4.5	238	1.4	8.0	0.21	11.0		
8	Shawa	7.3	778	413	0.67	4.6	250	0.3	11.0	0.23	13.6		
9	Shawa Tandodag	7.4	812	444	0.80	6.0	245	0.2	11.1	0.10	7.13		
10	Tazagram	7.4	836	432	0.80	5.9	250	1.1	19	0.10	7.13		
11	Tazagram Jango	7.3	833	444	0.00	5.1	256	1.1	19	0.10	7.3		
12	Kityari	7.4	683	431	0.00	5.4	260	6.7	18	0.11	8.3		
13	Kityari Batan	7.4	682	430	0.00	6.2	267	6.7	18	0.14	8.1		
14	Khanpur	7.1	620	420	0.80	6.2	267	6.5	4.3	0.13	7.4		
15	Asbanr	7.3	628	430	0.28	6.1	187	6.2	5.0	0.14	11.0		
16	Ouch	7.1	811	478	0.30	4.1	176	6.1	4.4	0.12	30.3		
17	Khairabad	7.3	640	466	0.00	4.0	250	6.0	1.3	0.12	22.2		
18	Khairabad Dari	7.2	639	466	0.00	5.1	250	5.0	1.3	0.21	23.0		
19	Usakai	7.5	818	432	0.00	5.1	267	0.9	9.0	0.11	50.0		
20	Talash	7.4	821	345	0.64	5.7	268	1.0	9.0	0.15	45.0		
21	Timargara	7.5	810	450	0.80	5.8	288	0.1	11.1	0.42	90.1		
22	Rabat	7.1	810	334	0.00	5.0	260	0.2	10	0.11	70.2		
23	Samarbagh	7.4	1,021	357	0.60	5.1	319	1.1	6.1	0.13	95.0		
24	Maidan	7.2	688	362	0.60	5.2	320	1.2	6.2	0.11	99.0		
25	Sarai Bala	7.3	684	336	0.00	4.1	279	0.9	3.2	0.21	23.1		

Table 23

The samples found having impermissible values of water quality parameters collected from different areas of Dir Lower during the year 2012

S#	Parameters	No. of unfit samples out of 100	Percentage	Overall percentage
1	Bacteria	100	100	100
2	Na	53	53	53
3	K	92	92	92
4	Ca	32	32	32
5	Mg	44	44	44
6	Cr	86	86	86
7	Ni	92	92	92
8	Fe	73	73	73
9	Pb	48	48	48

Maidan. The concentration of sulphate was 21 mg/l (maximum) in the samples collected from Talash Ziarat whereas the minimum concentration was 1.0 mg/l in the sample collected from Dara. Fluoride content was 0.44 mg/l (highest) in the sample collected from Chakdara, while the least value was 0.11 mg/l in the sample collected from Usakai. The concentration of Cl was 50.5 mg/l (maximum) in the sample collected from Barorai followed by 30.4 mg/l in the sample collected from Samarbagh. The other samples Cl contents were in the range of 23.2–7.1 mg/l.

The physicochemical parameters of spring water samples are shown in Table 22. The concentrations of nitrate were 6.7 mg/l (maximum) in the samples collected from Kityari and Kityari Batan followed by 6.5 mg/l in the sample collected from Khanpur. The highest concentrations of sulphate were 19 mg/l in the samples collected from Tazagram and Jango, whereas the minimum value 1.0 mg/l was observed in the sample collected from Dara Faqirabad. Fluoride content was 0.42 mg/l in the sample collected from Timargara while the least values were 0.10 mg/l in samples collected from Shawa Tindodag, Tazagram and Jango. The concentration of Cl was highest (99.0 mg/l) in the sample collected from Maidan followed by 95.0 mg/l in the sample collected from Samarbagh. The values for other samples were in the range of 90.1–7.3 mg/l.

Bicarbonate has a key role in the protection of central nervous system of the body and plays an important role in regulating heart beat [14]. It also plays a very important role in the digestion process. The major amount of bicarbonate in human body comes from drinking water sources [15,16]. The normal blood level of chloride for adults is in the range of 95–105 Meq/l [17]. The high concentration of chloride ions can damage the metallic pipes and other structures. The maximum permissible value of chloride ion

set by WHO is 250 mg/l [18]. Drinking water is the key contributor of daily fluoride intake into human body. In some cases, the amount of fluoride is more than the optimum level (1 mg/l) and reaches the concentration of 1.5 mg/l. Fluoride is related with dental fluorosis and in severe case skeleton fluorosis. According to some reports, fluoride overdoses causes cancer [19]. Trace amount of fluoride in drinking water gives protection against the tooth decay in children and adults [20]. In 1980, Fingl reported that high intake of sodium and magnesium sulphate can cause dehydration as a side effect. The guideline level set by WHO for sulphates in drinking water is 250 mg/l [21].

The population of Lower Dir is not concentrated to one place, but dispersed in a large area. 71% area is cultivated from the total area of about  $0.16 \times 10^6$  hectares. Water table has accessible depth and there are more chances for the exploitation of groundwater. Fertilizers are a great source of nitrate and especially bacteria. The flood of 2010 made the situation much deteriorating because it brought a great faecal contamination to water resources. The hygienic conditions of the area are very poor and there are no arrangements for the disposal of the waste materials of different sources. There is no system for the recycling of wastes and are discharged directly into water sources causing contamination of ground and surface water [22]. The water sources of the selected areas unfit for drinking are shown in Table 23.

#### 4. Conclusion

The physical parameters were in the allowable range. Most of the chemical parameters were within the WHO range with few exceptions. The pathogenic bacteria were observed in most of the collected samples. Nutritional elements (Na, K, Ca, Mg) were also present in high amount. The presence of heavy metals

(Cr, Ni, Fe and Pb) is of great concern as the major sink of heavy metals is soil from where they enter into food chain by the process of leaching into groundwater. Keeping in view the hazardous effects of these contaminants, there is need of legislation and good governance for the implementation of stringent laws in order to protect water resources from contamination in the affected areas. The responsible agencies must be properly trained for this purpose.

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