Potential use of *Momordica charantia* (bitter gourd) waste as a low-cost adsorbent to remove toxic crystal violet dye

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ABSTRACT

Momordica charantia (bitter gourd) waste (BGW) was investigated for its potential as an adsorbent in removing crystal violet (CV) dye. Batch adsorption isotherm studies analyzed using six isotherm (Langmuir, Freundlich, Temkin, Dubinin-Radushkevich, Redlich-Peterson and Sips) models showed that both the Langmuir and Sips models fitted well to the experimental data, with the Langmuir-model giving a higher R^2 (0.9924) than Sips (0.9899) but the Sips model having lower overall error values. The maximum adsorption capacity (q_{max}) of BGW for CV dye is 244.8 mg g⁻¹ (Sips) and 261.8 mg g⁻¹ (Langmuir), demonstrating BGW is a good adsorbent as compared to many reported adsorbents. Further, adsorption of CV on BGW is exothermic and spontaneous in nature, with an average ΔH° of -10.2 kJ mol⁻¹. Except at pH 2, BGW was able to adsorb CV at higher medium pH with >80% removal. The pseudo second order kinetics model fitted the adsorption of CV with R^2 close to unity for all the three concentrations of CV tested. Performance of BGW toward CV removal was affected by the presence of salt, with NaCl being the most influential as compared to KCl and KNO₃. Regenerated spent BGW still maintained excellent CV adsorption even after the 5th cycle, removing 82% and 96% CV using acid and base treatment respectively, further supporting the strong potential of BGW as a low-cost adsorbent.

Keywords: Momordica charantia (bitter gourd) adsorbent; Adsorption isotherm; Cationic crystal violet dye; Regeneration

1. Introduction

In this era of modernization, more industries are being developed in order to meet the demands of the growing population. With the increase of industries over the past few decades, the amounts of pollutants that are being released to the environment are on the rise as well, thereby causing serious hazardous pollution. Due to synthetic dyes being commercially available, less expensive and having a wider variation of colors, industries now turn to the use synthetic dyes in textile, food, cosmetic and dyeing plastic, rubber, paper, leather materials. As a

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result, these industries are now the main contributor to the water pollution.

Utilization of adsorption technique to clean up pollutants such as heavy metals and dyes has gained increasing popularity over the past decade [1–3]. The reasons lie in its simplicity and straight forwardness, and more importantly it is low cost and effective compared to many other techniques. As a result, many adsorbents have been used and these include peat [4–6], aquatic plants [7–10], fruit wastes [11–13], leaves [14,15], stem [16], synthetic materials [17– 21], wastes from agriculture [22–24] and industries [25,26], and many others [27–37].

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Crystal violet (CV) dye, otherwise known as methyl violet 10 B or gentian violet, is commonly used in medicines as it has antibacterial, antifungal, antiangiogenic, antitrypanasomal, antitumor and antihelminthic properties [38,39]. Although CV is not used as a textile dye, it is used to dye paper, and as a marker to locate the piercing on body. It has been shown that CV has carcinogenic effects in organs of mice as well as carcinogenic and mutagenic effects in rodents [40]. Cancer in the digestive tracks in animals has also been linked to this dye [41,42]. Further, CV has not been proven to be a safe animal feed by the Food and Drug Administration (FDA) in the United States of America.

Momordica charantia, also known as Bitter gourd or Bitter melon, belongs to the family of Cucurbitaceae. They are widely grown in Asia. In Brunei Darussalam, bitter gourds are normally eaten as a vegetable dish. Despite its bitter taste, bitter gourd is popular as it has various health benefits. The flesh is eaten while the pith and seeds are thrown away as wastes. To date, literature on the use of Bitter gourd as a natural adsorbent is limited. Munichandran et al. reported the use of the seeds for the removal of heavy metals (nickel and lead) [43]. Bitter gourd peroxidases have been reported to be highly effective in decolorizing textile dyes [44] as well as in removing phenols [45] and anthracene [46]. Surprisingly, no information on the use of bitter gourd waste from pith and seeds (BGW) is available for the removal of dyes. Hence, to investigate the feasibility of BGW as a potential natural low-cost adsorbent, the present study focuses on the use of BGW for the removal of CV dye. To the best of our knowledge, this is the first report on the use of BGW for the removal of this dye.

2. Materials and methods

2.1. Sample preparation and chemical reagents

Bitter gourds were randomly bought from the local market. The inedible part, which consisted of the seeds and pith, normally discarded as waste, was separated from the edible part and dried in an oven at 80°C until a constant mass was obtained. Thereafter, the dried bitter gourd wastes (BGW) were blended and sieved using laboratory metal sieves to obtain the desired particle size of < 355 µm which was used throughout this study. Crystal violet (CV) of > 90% purity [molecular formula of $C_{25}N_3H_{30}Cl$, molecular weight of 407.979 g mol⁻¹] was purchased from Sigma-Aldrich and used without further purification.

2.2. Adsorption studies

Investigation of the effects of contact time (0–240 min), pH (2–0) and ionic strength (0–1 mol dm⁻³ salt) on the extent of adsorption, and batch experiments for both adsorption isotherm and kinetics were carried out following the methods as described by Dahri et al. with slight modification [47]. Investigation into adsorption

mechanism was carried out using CV of concentrations 100, 500 and 700 mg L⁻¹ at room temperature. Thermodynamics studies were done within the temperature ranging from 298 to 343 K. The mixture of adsorbent-CV solution was agitated at room temperature using the Stuart Scientific Flask Shaker SF1 set at the speed of 250 rpm. All experiments were carried out in duplicate, unless otherwise stated. The point of zero charge of BGW was determined using method as described by Lim et al. [48]. The Shimadzu, UV-1601PC spectrophotometer was used to measure the absorbance of CV dye at the wavelength of 590 nm. Regeneration studies were carried out according to the procedure as laid out by Chieng et al. [49] with slight modification.

3. Results and discussion

3.1. Effect of contact time

Investigation of the contact time required for the adsorbent-adsorbate system to reach equilibrium was carried out using CV dye, as described by Kooh et al. [50]. With 100 mg L⁻¹ CV dye, the results (Fig. 1) show that BGW is able to remove > 98% of the dye within 30 min. When a higher dye concentration of 1000 mg L⁻¹ CV was used, contact time period of 210 min was determined to be sufficient. A rapid increase in the removal of CV was observed within the first 30 min, attributing to the availability of vacant sites on the surface of BGW for the adsorption of dye. As time progresses, more and more CV dyes occupy these active sites, causing the adsorption rate to decrease, and eventually an equilibrium is reached. All subsequent experiments were carried out using contact time of 210 min to ensure full equilibrium has been reached.

3.2. Effect of medium pH and BGW's point of zero charge

At its untreated pH (6.53), a removal of 85.8% of CV dye was observed (Fig. 2). Above this pH, there is a very



Fig. 1. Contact time required for the BGW-CV system to reach equilibrium [mass of BGW = 0.050 g; volume of CV solution = 25 mL; concentrations of CV = 100 (\blacksquare) and 1000 (\bullet) mg L⁻¹].



Fig. 2. Adsorption of CV onto BGW in different medium pH [mass of BGW = 0.050 g; volume of CV solution = 25 mL; concentration of CV = $100 \text{ mg } \text{L}^{-1}$].



Fig. 3. Change in pH as a function of initial pH to determine the point of zero charge (pH_{PZC}) of BGW [mass of BGW = 0.050 g; volume of solution = 25 mL].

slight difference of less than 1%, while at lower pH, there is a noticeable decrease in removal of CV. However, a good removal of CV was still maintained at pH 3 (80%). Under strong acid medium (pH 2), a drastic decrease of 57% in dye removal was observed. This is probably due to protonation of the nitrogen atoms of the dye molecule which then competes with large amount of H⁺ ions present in solution for the active sites on the adsorbent's surface. Hence, in this study, medium pH was maintained above 2. Further, at pH 2, the surface of BGW is expected to be predominantly positive in charge since this pH is lower than the point of zero charge (pH_{PZC}) of BGW determined to be 5.5 (Fig. 3). This in turn will result in electrostatic repulsion between the cationic dye and the positively charged surface, thereby reducing the amount of CV being adsorbed onto the surface. The $\ensuremath{\text{pH}_{\text{PZC}}}$ is the pH at which the surface of an adsorbent has zero charge. At $pH > pH_{PZC'}$ a slight improvement of the removal of CV was observed whereby the adsorbent's surface is expected to be predominantly negative in charge, thus enhancing interactions with the cationic dye molecules. Since adsorption of CV at untreated pH (85.8%) was high and exhibited only 1% difference in removal to its



Fig. 4. Effect of ionic strength using NaCl (■), KNO₃ (■) and KCl (■) [0.050 g of BGW; 25 mL of 100 mg L⁻¹CV solution].

maximum pH at 8 (86.6%), no adjustment of medium pH was deemed necessary. Hence throughout the rest of the adsorption experiments, untreated pH medium was used.

3.3. Effect of ionic strength

Three different salts (NaCl, KCl and KNO₃) were investigated for their effects on the adsorption of CV dye by BGW and studies were carried out from concentration ranging from 0 to 1 M. Of these three salts, NaCl showed the highest effect whereby an approximately 70% reduction in the adsorption of CV by BGW was observed when the salt concentration was increased from 0 to 1 M (Fig. 4). Both KCl and KNO₃ exhibited similar trends where there was an initial decrease in reduction in dye removal which was followed by a steady increase beyond 0.4 M. Unlike NaCl, the maximum decrease in adsorption of CV dye was 34% and 44% at 0.1 M KNO₃ and 0.2 M KCl, respectively. Reduction in dye adsorption could be the result of competition between metal ions with cationic CV dyes for a limited number of adsorption sites on the surface of BGW. One possible explanation for the greater effect of NaCl on adsorption could be due to Na⁺ ions, being smaller in size, could occupy the surface active sites better.

3.4. Adsorption isotherm

Batch adsorption isotherm experiments were carried out for the adsorption of CV onto BGW at room temperature using CV dye concentrations ranging from 0 to 1000 mg L⁻¹. The experimental data obtained were fitted to six adsorption isotherm models namely Langmuir[51], Freundlich [52], Dubinin-Radushkevich (D-R) [53], Temkin [54], Redlich-Peterson (R-P) [55] and Sips [56] models. Their linearized equations and the corresponding linear plots are shown in Table 1. These models have been widely discussed in various literature. Briefly, the Langmuir model applies to homogenous surface of adsorbent to complete a monolayer. The Freundlich model describes adsorption of adsorbates on a heterogeneous surface that can extend up to many layers, while R-P is a three parameter model which combines

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Table 1

Linearized isotherm models used and their corresponding linear plots

| Isotherm model | Linearized equation | Plot |
|----------------------------|--|---|
| Langmuir | $\frac{C_e}{q_e} = \frac{1}{K_L q_{\max}} + \frac{C_e}{q_{\max}}$ | $\frac{C_e}{q_e} vsC_e$ |
| | K_{L} is the Langmuir constant | |
| Freundlich | $\log q_e = \frac{1}{n} \log C_e + \log K_F$ | $\log q_e vs \log C_e$ |
| | K_F is the Freundlich constant indicative of adsorption capacity; n is related to the adsorption intensity | |
| Temkin | $q_e = \left(\frac{RT}{b_T}\right) \ln K_T + \left(\frac{RT}{b_T}\right) \ln C_e$ | $q_e vs \ lnC_e$ |
| | K_{T} is the Temkin constant; b_{T} is related to the heat of adsorption; R is the gas constant while T is the absolute temperature at 298 K | |
| Dubinin-Radushkevich (D-R) | $\ln q_e = \ln q_{\rm max} - \beta \epsilon^2$ | $\ln q_e v s - \beta \varepsilon^2$ |
| | where β is D-R constant and | |
| | Polanyi potential (ε) = $RT ln \left(1 + \frac{1}{C_e}\right)$ | |
| | Mean free energy $(E) = \frac{1}{\sqrt{2\beta}}$ | |
| Redlich-Peterson (R-P) | $\ln\left(\frac{K_R C_e}{q_e} - 1\right) = n \ln C_e + \ln a_R$ | $\ln\left(\frac{K_{R}C_{e}}{q_{e}}-1\right)vs\ln C_{e}$ |
| | K_{R} and a_{R} are the R-P constants | |
| Sips | $\ln\left(\frac{q_e}{q_{\max}-q_e}\right) = \frac{1}{n}\ln C_e + \ln K_s$ | |
| | K_s is the Sips constant; <i>n</i> is the Sips exponent | |



Fig. 5. Comparison of simulation plots of various isotherm models with experimental data [mass of BGW = 0.050 g; volume of CV solution = 25 mL; concentration of CV = 0-1000 mg L⁻¹]

both the Freundlich and Langmuir isotherm models, tending toward Freundlich at high adsorbate concentrations. According to the Temkin model, due to the uniform distribution of the binding energies, there is a linear decrease of heat of adsorption with increasing surface coverage. The D-R model postulates pore-filling, not layer-by-layer surface coverage, and thus adsorption occurs in micropores. Similar to the R-P model, the Sips model is also a three-parameter model, combining both the Freundlich and Langmuir models, which reduces to the Langmuir model at high adsorbate concentrations.

The regression coefficient (R^2) values of the linearized isotherm plots, as shown in Table 2, in decreasing order is as follows: Langmuir > Sips >Temkin > Freundlich > D-R > R-P. Simulated plots, as shown in Fig. 5, is also in line with this observation where the last three isotherm models are clearly deviated from the experimental isotherm data, thereby indicating their unsuitability to describe the adsorption of CV on BGW.

It has been shown that there is a possibility of violating error variance and standard least square normality assumptions when equations of non-linear isotherms are transformed to corresponding linear forms [57,58]. Hence, in order to further confirm the best fit adsorption isotherm model for this study, error analyses were performed using four error functions as shown in Eqs. (1)–(4) below.

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Table 2

Table 2

Adsorption isotherm parameters for different models and their error values

| Table J | |
|---|--------------------------|
| Adsorption capacity (q_{max}) values of B | GW and selected reported |
| adsorbents | |

| Model | Values | ARE | SSE | EABS | χ^2 | HYBRID | Adsorbent | q_{max} (mg g ⁻¹) | Reference |
|---|----------|--------|-------|-------|----------|--------|-----------------------------|---------------------------------|--------------|
| Langmuir | | 8.47 | 0.008 | 0.296 | 0.030 | 0.20 | Bitter gourd waste | 244.8 (Sips) | This study |
| $q_{max} (mg g^{-1})$ | 261.84 | | | | | | - | 261.8 (Langmuir) | This study |
| K_r (L mmol ⁻¹) | 0.01 | | | | | | Artocarpus altilis | 150.1 (Sips) | [59] |
| R^2 | 0.9924 | | | | | | (breadfruit) skin | | |
| Freundlich | | 19.17 | 0.123 | 0.963 | 0.281 | 1.87 | | 145.8 (Langmuir) | |
| K_{-} (mmol g ⁻¹ | 0.02 | | | | | | Artocarpus odoratissimus | 118 | [60] |
| $(L \text{ mmol}^{-1})^{1/n})$ | | | | | | | NaOH treated Artagarmug | 105 | [60] |
| n | 1.69 | | | | | | odoratissimus skin | 195 | [00] |
| R^2 | 0.9411 | | | | | | Artocarnus odoratissimus | 50.5 | [61] |
| Temkin | | 23.25 | 0.013 | 0.417 | 0.143 | 0.96 | leaf | 0010 | [01] |
| K (I mmol ⁻¹) | 0.10 | | | | | | Artocarpus | 43.4 | [62] |
| K_T (L million) h (kI mol ⁻¹) | 10.26 | | | | | | heterophyllus (Jackfruit) | | |
| D_T (KJ IIIOI) | 19.30 | | | | | | leaf | | |
| R Dultinin | 0.9009 | 250.10 | 1.010 | 2 5 4 | 14.00 | 04 70 | Artocarpus camansi | 275 | [63] |
| Radushkevich | | 259.10 | 1.010 | 3.54 | 14.22 | 94.78 | (Breadnut) Skin | 470 | [62] |
| $a (mq q^{-1})$ | 184.04 | | | | | | camansi skin | 479 | [03] |
| q_{max} (mgg) B (I mol ⁻¹) | 1 36E-06 | | | | | | Yeast-treated peat | 18.0 | [64] |
| $E (kI mol^{-1})$ | 0.61 | | | | | | Parkia speciosa (Petai) pod | 163.2 | [65] |
| R^2 | 0.01 | | | | | | Functionalized cellulosic | 872.0 | [66] |
| R Dodliah | 0.9000 | 10 50 | 0 110 | 0.042 | 0.270 | 1.02 | microfibers | | |
| Peterson | | 16.32 | 0.110 | 0.945 | 0.270 | 1.93 | Date stone | 90.9 | [67] |
| K (I mol ⁻¹) | 0.10 | | | | | | Activated carbon | 19.8 | [68] |
| $R_R(E mor)$ | 0.10 | | | | | | Magnetite/silica/pectin | 180.3 | [69] |
| a (I mmol ⁻¹) | 4.72 | | | | | | Nanoparticles | | |
| u_R (L mmor) R^2 | 1.72 | | | | | | Magnetite/pectin | 149.5 | [69] |
| Sips | 0.0920 | 5 79 | 0.003 | 0173 | 0.013 | 0.09 | nanoparticles | 108.0 | [70] |
| $a (ma a^{-1})$ | 244 79 | 0.7 / | 0.000 | 0.170 | 0.010 | 0.07 | Coniference pipus bark | 22.8 | [70] [71] |
| V_{max} (Ing g) K. (L mmol ⁻¹) | 0.01 | | | | | | powder | 52.6 | [71] |
| 1/n | 1.16 | | | | | | Alginate acid/activated | 582.4 | [72] |
| _, n | 0.87 | | | | | | bentonite | | |
| R^2 | 0.9899 | | | | | | Grapefruit peel | 254.2 | [73] |
| | | | | | | | Acidic fly ash | 9.2 | [74] |

Sum square error (SSE):
$$\sum_{i=1}^{n} (q_{e,calc} - q_{e,meas})_{i}^{2}$$
 (1)

Hybrid fractional error function (HYBRID)

$$\frac{100}{n-p}\sum_{i=1}^{n}\left\lfloor\frac{\left(q_{e,meas}-q_{e,calc}\right)^{2}}{q_{e,meas}}\right\rfloor_{i}$$
(2)

Sum of absolute error (EABS):
$$\sum_{i=1}^{n} |q_{e,meas} - q_{e,calc}|$$
 (3)

Chi-square
$$(\chi^2)$$
: $\sum_{i=1}^{n} \frac{(q_{e,meas} - q_{e,calc})^2}{q_{e,meas}}$ (4)

where $q_{e,meas}$ is the experimental adsorption capacity at equilibrium, $q_{e,calc}$ is the calculated adsorption capacity at equilibrium, n is the number of data points in the experiment and p is the number of parameters in the model.

bentonite Grapefruit peel 254.2 [73] Acidic fly ash 9.2 [74] Even though the Temkin isotherm model provides simulation data close to the experimental data with a reasonably good R^2 , it has the second largest overall error values. Hence, this model will not be considered further to account for adsorption of CV. Of the two remaining isotherm models, despite the R^2 of the Langmuir model being higher than that of the Sips model, the simulation plots show that the Sips model has a closer fit to the experimental isotherm as compared to the Langmuir model. This is further confirmed by the overall lower error values of the Sips model, indicating that this model better describes the adsorption of CV on BGW. Based on the Sips model, the maximum adsorption

capacity (q_{max}) of BGW is 244.79 mg g⁻¹ while the Langmuir model gives a comparable q_{max} of 261.84mg g⁻¹. The adsorption capacity of BGW is superior to many low-cost adsorbents such as wastes from different types of *Artocarpus spp.*, and many others including activated carbon and synthesized nanoparticles, as shown in Table 3. Its q_{max} is comparable to breadnut and grapefruit peel. Further improvement on adsorption capacity would be highly likely after a surface modification step.

3.5. Thermodynamic studies

Thermodynamics of the adsorption process was investigated using three different CV dye concentrations (100 mg L⁻¹, 300 mg L⁻¹ and 500 mg L⁻¹).Thermodynamics parameters determined based on Eqs. (5)–(8) with the aid of the plot of ln *K* vs. 1/T indicate that the adsorption process is exothermic in nature with standard enthalpy change (ΔH°) being negative (Fig. 6, Table 4). The negative standard Gibbs free energy change (ΔG°) values suggest that the adsorption process is favorable and spontaneous. Increase in temperature of adsorption from 298 K to 343 K leads to negative standard the entropy (ΔS°) values for all the three concentrations of CV dyes investigated, suggesting that there may be an increase orderliness in the system.

Van't Hoff equation:
$$\Delta G^{\circ} = \Delta H^{\circ} - T \Delta S^{\circ}$$
 (5)

Standard Gibbs free energy change as: $\Delta G^{\circ} = -RT \ln k$ (6)

and
$$k = \frac{C_s}{C_e}$$
 (7)

where ΔG° is the standard Gibbs free energy, ΔH° is the standard enthalpy change, ΔS° is the standard entropy change, T is the absolute temperature (K), k is the adsorption distribution coefficient, C_s is the adsorbed dye concentration at equilibrium (mg L⁻¹), C_e is the remaining dye concentration in solution at equilibrium (mg L⁻¹), and R is the gas constant.



Fig. 6. Van't Hoff plots for the adsorption of CV onto BGW at 100 mg L⁻¹ (\diamond), 300 mg L⁻¹ (\diamond) and 500 mg L⁻¹ (\diamond) CV concentrations [0.050 g of BGW in 25 mL of CV].

Table 4 Thermodynamics parameter values for the adsorption of CV onto BGW

| $\ln k = \Delta S^{\circ} \Delta H^{\circ}$ | (8) |
|--|-----|
| $\frac{111K}{R} = \frac{1}{RT}$ | |

Eq. (8) can thus be obtained by substituting Eq. (5) into Eq. (6).

3.6. Investigation of the adsorption kinetics of CV onto BGW

Three different CV dye concentrations were used to understand the kinetics mechanism of the adsorption of CV onto BGW. The experimental data were fitted to two kinetics models: the Lagergren first order [75] and the pseudo second order [76]. Their linear equations are as shown in Table 5. An additional error function *i.e.* Marquardt's percent standard deviation (MPSD) was used and its equation is shown in Eq. (9) below.

MPSD:
$$100\sqrt{\frac{1}{p-n}\sum_{i=1}^{p}(q_{e,meas}-q_{e,calc})^2}$$
 (9)

From Fig. 7 and Table 6 it is clear that unlike the pseudo second order model which gave R^2 values close to unity for all three dye concentrations, the Lagergren first order gave poor R^2 values. This is further confirmed by the error analyses whereby large error values were observed for the Lagergren first order showing the vast deviation of the calculated values from the experimental data, thus clearly indicates that the kinetics of adsorption of CV on BGW follows the pseudo second order model.

3.7. Regeneration of spent adsorbent and its reusability studies

Spent BGW showed a reduction of 52% at the 5th cycle, while a 23% was observed when it was subjected to washing with distilled water (Fig. 8). Treatment with HCl pro-

Table 5 Linear equations of kinetics models

| −q _t) vs. t |
|-------------------------|
| s. t |
| 3. |

| Conc. | $\Delta H^{\mathbf{o}}$ | ΔS° | ΔG° (kJ mol ⁻¹) | | | | | |
|-----------------------|-------------------------|--|--|-------|-------|-------|-------|-------|
| (mg L ⁻¹) | (kJ mol ⁻¹) | (J mol ⁻¹ K ⁻¹) | 298 K | 313 K | 323 K | 333 K | 343 K | |
| 100 | -12.10 | -25.87 | -4.29 | -4.08 | -3.94 | -3.46 | -3.11 | 0.963 |
| 300 | -10.04 | -21.38 | -3.62 | -3.35 | -3.29 | -2.85 | -2.66 | 0.975 |
| 500 | -8.28 | -19.39 | -2.34 | -2.45 | -2.07 | -1.81 | -1.51 | 0.888 |



Fig. 7. Linear plots of Lagergren first order (top) and pseudo second order (bottom) models for the adsorption of CV onto BGW at 100 mg L⁻¹ (\bullet), 500 mg L⁻¹ (\bullet) and 700 mg L⁻¹ (\bullet) CV concentrations [mass of BGW = 0.050 g; volume of CV solution = 25 mL].

Table 6

Kinetics parameters and error values for the adsorption of CV onto BGW at different dye concentrations

| Pseudo first order kinetics | | | | | | |
|---|--------|--------|--------|--|--|--|
| Concentration (mg L ⁻¹) | 100 | 500 | 700 | | | |
| ARE | 98.36 | 96.10 | 93.65 | | | |
| SSE | 0.170 | 15.92 | 9.63 | | | |
| HYBRID | 11.12 | 105.3 | 79.73 | | | |
| EABS | 1.70 | 16.44 | 12.78 | | | |
| MPSD | 104.72 | 102.34 | 99.77 | | | |
| χ^2 | 1.67 | 15.80 | 11.96 | | | |
| $k_1 (\min^{-1})$ | 0.009 | 0.037 | 0.019 | | | |
| R^2 | 0.1559 | 0.8246 | 0.5317 | | | |
| Pseudo second order kinetics | | | | | | |
| Concentration (ppm) | 100 | 500 | 700 | | | |
| ARE | 5.77 | 4.40 | 7.04 | | | |
| SSE | 0.001 | 0.05 | 0.07 | | | |
| HYBRID | 0.07 | 0.34 | 0.61 | | | |
| EABS | 0.09 | 0.74 | 0.94 | | | |
| MPSD | 8.73 | 5.92 | 8.84 | | | |
| χ^2 | 0.01 | 0.05 | 0.09 | | | |
| k_2 (g mmol ⁻¹ min ⁻¹) | 18.73 | 0.834 | 0.649 | | | |
| R^2 | 0.9991 | 0.9999 | 0.9997 | | | |



Fig. 8. Regeneration of BGW showing 5 consecutive cycles using different treatment methods: HCl (\blacksquare), NaOH (\bullet), H₂O (\bullet) and control (\bullet) [mass of BGW = 0.050 g; concentration of CV = 100 mg L⁻¹].



Fig. 9. FTIR spectra for functional group characterization of BGW (top black) and BGW-CV (bottom purple)

vided a good alternative method to regenerate the BGW, where a reduction of 6% was observed at the 4th cycle. Of the methods studied, NaOH treatment was found to be the best. Not only was there no reduction in its ability to remove CV, the adsorbent was found to increase its removal of CV to > 95% and maintaining this percentage removal throughout the 5 cycles.

3.8. Surface morphology and functional group characterization.

There appears to be a distinct difference between the surface morphology of BGW, before and after adsorption of CV dye. In particular, smoothness, and the flat and even in appearance of the adsorbent's surface, were lost during CV adsorption, indicating that the surface of the adsorbent is covered with the dye.

The FTIR spectra recorded (Fig. 9) show shifts in the wavelength of the broad band at around 3,391 to 3384 cm⁻¹ upon adsorption, indicating that hydroxyl group (–OH) and amino acids (N–H) could be involved in the bond formation with dye molecules. Other functional groups that may be involved include alkene (C=C) which shifted from 1650 to

1659 cm⁻¹ and also carbonyl group (C=O) where a shift from 1743 to 1747 cm⁻¹ was observed. Positive indication of the adsorption of CV on BGW is the appearance of bands of C=C stretch of benzene ring and C–N stretch of aromatic tertiary amine at 1587 cm⁻¹ and 1366 cm⁻¹, respectively, as well as the C–N vibration at 1174 cm⁻¹[77].

4. Conclusion

When compared to many reported adsorbents, with its high maximum adsorption capacity of 261.1 mg g⁻¹, based on the Sips isotherm model, bitter gourd wastes exhibit great potential as a low-cost adsorbent for the removal of CV dye. Thermodynamics studies indicated that the adsorption process is exothermic and favorable with an increase in orderliness. Pseudo second order kinetics is confirmed by its R^2 value being close to unity. Resilience shown by this adsorbent under various medium pH, coupled with the ability to regenerate and reuse the spent adsorbent under acid or base treatment while maintain high removal of CV adds further value to this adsorbent as a potential low-cost adsorbent for real application in wastewater remediation.

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